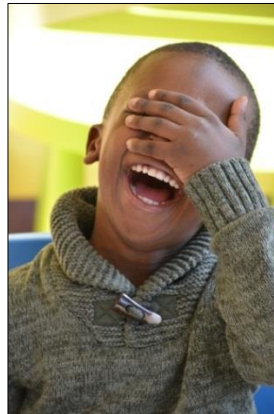


Spring 2018

# The DC Collaborative for Mental Health in Pediatric Primary Care's Child & Adolescent Mental Health Resource Guide

The DC Collaborative for Mental Health in Pediatric Primary Care aims to improve the integration of mental health in pediatric primary care for children in the District of Columbia. We have a strong commitment to addressing the mental health needs of diverse children, from birth through 20, and their families, through culturally competent, family-focused initiatives. The Collaborative is a multidisciplinary group, comprised of the following lead organizations, and guided by a Community Advisory Board: Children's Law Center, Children's National Health System, DC Chapter of the American Academy of Pediatrics, DC Department of Behavioral Health, DC Department of Health, DC Department of Health Care Finance, and Georgetown University.

As part of our work, we have compiled the following **mental health resource guide for use by pediatric primary care providers in the Washington, DC area**. If you have updates, questions or comments, please contact Penelope Theodorou at [pthodoro2@childrensnational.org](mailto:pthodoro2@childrensnational.org) or Erica Smith-Grasse at [esmithgras@childrensnational.org](mailto:esmithgras@childrensnational.org).



## ALCOHOL AND SUBSTANCE USE

This section provides information on outpatient and residential substance use treatment centers.

ALCOHOL/SUBSTANCE USE			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p><b>Addiction Prevention and Recovery Administration - Adolescent Substance Abuse Treatment Expansion Program (ASTEP)</b></p> <p>Assessment and Referral Center (ARC) 75 P ST NE WDC 20002</p> <p>P: 202-727-8473 <a href="http://dbh.dc.gov/service/adolescent-substance-abuse-treatment-astep">http://dbh.dc.gov/service/adolescent-substance-abuse-treatment-astep</a></p>	<ul style="list-style-type: none"> <li>The District of Columbia offers 4 locations where DC youth can go to seek help for a drug or alcohol issue. Through ASTEP youth may access services directly from the substance abuse treatment provider of their choice within the network. Call to schedule an appointment with the provider of your choice from the list below:               <ul style="list-style-type: none"> <li>1. Latin American Youth Center (Ward 1) - 1419 Columbia Rd. NW – 202-319-2229</li> <li>2. Hillcrest Children’s Center (Ward 4) - 244 Taylor Street NW – 202-232-6100</li> <li>3. Federal City Recovery Services (Ward 6) - 316 F St. NE, Suite 118 – 202-548-8460</li> <li>4. Riverside Treatment Center (Ward 8) - 2041 MLK Jr. Ave. SE – 202-889-3182</li> </ul> </li> </ul> <p>Language: English and Spanish.</p>	Up to age 21	<ul style="list-style-type: none"> <li>All youth served regardless of ability to pay.</li> <li>No referral necessary.</li> <li>Youth should contact one of listed service providers directly.</li> </ul>
<p><b>Alcoholics Anonymous Hotline</b></p> <p>4530 Connecticut Avenue NW Suite 111 WDC 20008 Van Ness/UDC – Red Line Bus: L1, L2, H2</p> <p>P: 202-966-9115 <a href="http://www.AA-DC.org">www.AA-DC.org</a></p>	<ul style="list-style-type: none"> <li>Alcoholics Anonymous is a fellowship of men and women who share their experiences, strength, and hope with each other so that they may solve their common problems and help others to recover from alcoholism.</li> </ul> <p>Language: English</p>	18+	<ul style="list-style-type: none"> <li>Services are free.</li> <li>No referral necessary.</li> <li>Time and place of meetings can be given upon request when calling the hotline.</li> </ul>
<p><b>Andromeda Transcultural Health</b></p> <p>1400 Decatur St NW</p>	<ul style="list-style-type: none"> <li>Provides substance abuse counseling, mental health counseling and psychiatry; individual and group therapy for the dually diagnosed; a Latino women’s group every</li> </ul>	18+ and families	<ul style="list-style-type: none"> <li>Insurance: Aetna, Blue Cross Blue Shield Magellan, Cigna, AmeriHealth Caritas</li> </ul>

**ALCOHOL/SUBSTANCE USE**

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>Washington, DC 20011                      Bus: 52, 53, 54, S1, S2                      P: 202-291-4707  <a href="http://www.andromedatransculturalhealth.org">http://www.andromedatransculturalhealth.org</a></p>	<p>Thursday evening (free for all women, conducted in Spanish); an intensive psychosocial support group every Tuesday, Wednesday, Thursday, and Friday; The Circulo de Andromeda provides alcohol and drug (non-opiate) prevention, outreach, and treatment.</p> <p>Language: English, Spanish.</p>		<p>PerformCare, Amerigroup, United Health, DC FFS Medicaid (psychiatry only). Offer sliding scale fee for essential services for those without insurance, depending upon family size and income.</p> <ul style="list-style-type: none"> <li>▪ Referral: Dependent upon insurance provider requirements.</li> <li>▪ Availability: 1 week for new patients</li> </ul>
<p><b>April May Company</b>                      1224 M St. Ste 200 SE                      Washington, Dc 20005                      Bus: V1, V4, V5, 90, 92, A9, P6                      Metro: Green Line-Navy Yard                      P: 1-888-694-0333 202-706-7603  <a href="https://www.amayinc.com/">https://www.amayinc.com/</a></p>	<ul style="list-style-type: none"> <li>• AprilMay Company, Inc. (AMCI) provides a full spectrum of behavioral health care specific to the prevention, health promotion, early intervention and treatment of individuals suffering from mental health disturbances and intellectual disabilities. We specialize in innovative pediatric evidence-based behavioral health services to support the treatment of developmental, emotional and behavioral problems of children and families.</li> </ul> <p>Language: English. Interpreters for AmeriHealth insured families</p>	<p>0-17; treat up to 21 if they have a special need</p>	<ul style="list-style-type: none"> <li>▪ AmeriHealth, BlueCross BlueShield, HSCSN, Trusted, Magellan, Amerigroup</li> <li>▪ No referral needed</li> <li>▪ No waitlist</li> </ul>
<p><b>Circles of Hope Psychotherapy and Addictions Therapy</b>                      3000 Connecticut Ave NW                      WDC 20008                      Woodley Park – Red Line                      Bus: L1, L2, 96</p>	<ul style="list-style-type: none"> <li>• Provides outpatient substance abuse care and DUI/DWI drug and education courses, as well as grief counseling, marriage and family therapy, couples counseling and individual counseling.</li> </ul> <p>Languages: English only.</p>	<p>18+ and families.</p>	<ul style="list-style-type: none"> <li>▪ Insurance: Payment assistance is available through a sliding fee scale (fee is based on income and other factors).</li> <li>▪ Referral: Accepts walk-ins and referrals from APRA and other programs. - admissions are on a rolling basis</li> </ul>

## ALCOHOL/SUBSTANCE USE

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
P: 202-265-2343 <a href="http://www.wecare44u.com/">http://www.wecare44u.com/</a>			<ul style="list-style-type: none"> <li>▪ Availability: Must check website for appointment availability or call.</li> </ul>
<b>Clean and Sober Streets</b>  425 2nd Street NW WDC 20001 Judiciary Square – Red Line Bus: D6, D3, 13Y  P: 202-783-7343 <a href="http://www.cleanandsobrestreets.org">www.cleanandsobrestreets.org</a>	<ul style="list-style-type: none"> <li>• Offers a 4 phase recovery program which includes transitional housing, AA/NA meetings, GED and/or job training and employment services. Participants can also receive help to get a birth certificate, ID card, clothing, food, and other items. Participants must agree to abide by community rules and must maintain their sobriety in order to remain eligible to live in the residence.</li> </ul> Languages: English only.	21+	<ul style="list-style-type: none"> <li>▪ Insurance: Services are free.</li> <li>▪ Referral: Accepts walk-ins and referrals from referral and assessment center and other programs.</li> <li>▪ Availability: Admissions is on rolling basis.</li> </ul>
<b>College Park Youth and Family Services</b>  4912 Nantucket Rd. College Park, MD 20740 Bus: 83, G2, C12  301-474-1210	<ul style="list-style-type: none"> <li>• Offers Individual and family counseling; child-centered play therapy, group counseling for children; substance abuse assessment and referral; suicide prevention and crisis intervention</li> </ul>	1-100	<ul style="list-style-type: none"> <li>▪ No insurance accepted. Sliding scale (\$2-\$40) for services</li> <li>▪ 1-2 month wait</li> </ul>
<b>Family and Medical Counseling Service Inc.</b>  2041 Martin Luther King, Jr. Ave SE #206 WDC 20020 Anacostia – Green Line Bus: 90, 93, A9, A42, A46, A48, B2, P6, U2  P: 202-889-7900 <a href="http://www.fmcsinc.org">www.fmcsinc.org</a>	<ul style="list-style-type: none"> <li>• Provides screening, assessment, and placement for substance-use treatment. Individual and group counseling is provided by licensed addiction counselors to promote alcohol and other drug education and recovery. There is also a traffic alcohol education and counseling programs works with individuals who have been charged with DWI/DUI.</li> </ul> Languages: English only.	10-15	<ul style="list-style-type: none"> <li>▪ Insurance: Self-payment, Medicaid, Medicare, and private health insurance. Payment assistance is available through a sliding fee scale (fee is based on income and other factors).</li> <li>▪ Referral: No referral necessary.</li> <li>▪ Availability: 1-2 month wait.</li> </ul>
<b>Federal City Recovery Services – ASTEP</b>	<ul style="list-style-type: none"> <li>• Certified by DBH to provide Adolescent Community</li> </ul>	12-22	<ul style="list-style-type: none"> <li>▪ Insurance: No insurance</li> </ul>

## ALCOHOL/SUBSTANCE USE

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p><b>Provider</b></p> <p>316 F Street NE Suite 118 WDC 20002 Union Station – Red Line Bus: 80, 90, 92, 93, 96, 97, D1, D3, D4, D6, D8, X1, X2, X8 DC Circulator</p> <p>P: 202-548-8460 <a href="http://www.federalcityrecovery.org/">http://www.federalcityrecovery.org/</a></p>	<p>Reinforcement Approach (substance use evidence-based practice). Federal City Recovery Services applies its highly effective HYPPEP (Helping Young People Perform Excel and Recover) which provides outpatient Access to Recovery(ATR)</p> <ul style="list-style-type: none"> <li>Services and programs for adolescents who are at risk for substance abuse problems. In take for youth is 9am-5pm and treatment groups are 4:30-8pm.</li> </ul> <p>Languages: Unable to verify.</p>		<p>required.</p> <ul style="list-style-type: none"> <li>Referral: No referral necessary.</li> <li>Availability: Call regarding intake hours.</li> </ul>
<p><b>Harbor Lights</b></p> <p>2100 New York Avenue NE WDC 20002 Bus: D4, B2, E2</p> <p>P: 202-269-6333 <a href="http://salvationarmynca.org/locations/herman-ave-nw-dc/">http://salvationarmynca.org/locations/herman-ave-nw-dc/</a></p> <p>For additional information contact the Intake Coordinator at Ext. 212 or the Clinical Director at Ext. 226.</p>	<ul style="list-style-type: none"> <li>136-bed facility that provides a comprehensive, six-month residential treatment program for men and women struggling with drug and alcohol addiction. Clients are primarily homeless, with limited or no access to other treatment programs. Educational assistance along with classes such as relapse prevention and anger management prepare graduates for independence and meaningful employment.</li> </ul> <p>Languages: Unable to verify.</p>	18 and over	<ul style="list-style-type: none"> <li>Insurance: Unable to verify.</li> <li>Referral: Unable to verify.</li> <li>Availability: Unable to verify.</li> </ul> <p>Must be drug and alcohol free for a minimum of 72 hours, agree to a medical examination and 30 day supply of medication, and have a current TB results or chest X-Ray.</p>
<p><b>Hillcrest Children and Family Center – ASTEP Provider</b></p> <p>915 Rhode Island Avenue NW WDC 20001 Shaw – Green/Yellow Lines Bus: G8</p> <p>P: 202-232-6100</p>	<ul style="list-style-type: none"> <li>The program will provide accessible, culturally appropriate and multi-level intensive outpatient treatment which includes: case management, diagnosis, referral and other substance abuse support services, individual and group therapy, social services, prevention, drug education, criminal-related activities, and vocational training. The program will provide services to families to eliminate or reduce drug/alcohol use to facilitate recovery services using a holistic approach to</li> </ul>	12-21	<ul style="list-style-type: none"> <li>Insurance: Insurance not required.</li> <li>Referral: No referral necessary.</li> <li>Availability: Must call number for intake process and appointment availability.</li> </ul>

## ALCOHOL/SUBSTANCE USE

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<a href="http://www.hillcrest-dc.org/">http://www.hillcrest-dc.org/</a>	<p>treatment. Youth will be engaged in the Cannabis Youth Treatment Model.</p> <ul style="list-style-type: none"> <li>Provides Adolescent Community Reinforcement Approach (substance use evidence-based practice).</li> </ul> <p>Languages: English only.</p>		
<p><b>Holy Comforter Saint Cyprian Community Action Group</b></p> <p>325 34<sup>th</sup> Street SE WDC 20019 Bus: 96, V7</p> <p>P: 202-543-4558 <a href="http://www.communityactiongroup.org/Programs.htm">http://www.communityactiongroup.org/Programs.htm</a></p>	<ul style="list-style-type: none"> <li>Drug or alcohol rehabilitation center with residential, transitional and outpatient treatment.</li> </ul> <p>Languages: English only.</p>	18 and older	<ul style="list-style-type: none"> <li>Insurance: Services free for DC resident.</li> <li>Referral: No referral necessary.</li> <li>Availability: Assessment done upon intake to determine what services will be needed.</li> </ul>
<p><b>Howard University Hospital – Drug Abuse Institute</b></p> <p>2041 Georgia Ave NW Suite 6B-13 WDC 20060 Shaw-Howard U – Green/Yellow Lines Bus: 70, 90, 92, 93, 96, X3</p> <p>P: 202-865-6611</p>	<ul style="list-style-type: none"> <li>The primary focus of the Drug Abuse Institute is outpatient substance abuse treatment. Special programs are offered for persons with co-occurring mental and substance abuse disorders.</li> </ul> <p>Languages: English, ASL/hearing impaired.</p>	18+	<ul style="list-style-type: none"> <li>Insurance: Payment methods accepted include self-payment, Medicaid, Medicare, private health insurance, and Military insurance (e.g. VA TRICARE). Payment assistance is offered via a sliding scale.</li> <li>Referral: Unable to verify.</li> <li>Availability: Unable to verify.</li> </ul>
<p><b>Interdynamics, Inc.</b></p> <p>4601 Forbes Blvd, Suite 100 Lanham, MD 20706</p>	<ul style="list-style-type: none"> <li>Interdynamics is designed to assist individuals, children, families and groups with social, emotional, educational, developmental and trauma related needs that impact or delay growth potential and daily functioning.</li> </ul>	1-99	<ul style="list-style-type: none"> <li>Private Insurance (Carefirst including HMO, Aetna, Magellan, Tricare, Cigna, Kaiser), HSCSN, MD Medicaid</li> </ul>

## ALCOHOL/SUBSTANCE USE

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
Bus: F13  301-306-4590	<ul style="list-style-type: none"> <li>Will see patients with autism and developmental delays Languages: English and Spanish (therapy) only</li> </ul>		<ul style="list-style-type: none"> <li>Therapy appointments in 1-2 weeks. Must have therapy sessions before starting psychiatry.</li> </ul>
<b>Kolmac Clinic</b>  1411 K Street NW Suite 703 WDC 20005 McPherson Square – Blue/Orange/Silver Lines Bus:D1, D3, D6, 16Y, 52, 53, 54, A9, 80  P: 202-638-1992 <a href="http://www.kolmac.com/">http://www.kolmac.com/</a>	<ul style="list-style-type: none"> <li>The Kolmac Clinic serves the Washington, DC metro area with six outpatient alcohol and drug treatment centers for substance abuse treatment, outpatient rehabilitation and outpatient continuing care. The treatment plan includes detoxification, rehabilitation, and continuing care. Professionals with addiction are the predominant population treated at the Kolmac Clinic DC office. Most patients come to Kolmac via their employer or Employee Assistance Program, but others through physicians, therapists or psychiatrists. Specialized Young Adult services available for those ages 18-25.</li> </ul> <p>Languages: English only.</p>	18+	<ul style="list-style-type: none"> <li>Insurance: Aetna; AmericanPsychSystems; Carefirst BlueCross BlueShield (FEP, HMO, PPO); CIGNA; Kaiser; Magellan; MAMSI; National Capital PPO (NCPPO); United Behavioral Health; United Healthcare; ValueOptions</li> <li>Referral: No referral necessary.</li> <li>Availability: Must call for appointment and intake process</li> </ul>
<b>La Clinica del Pueblo Mental Health and Substance Abuse Program</b>  2831 15th Street NW WDC 20009 Columbia Heights – Green/Yellow Lines Bus: S1, S2, S4, 52, 53, 54, H2, 42  P: 202-462-4788 Ext 241 <a href="http://www.lcdp.org">www.lcdp.org</a>	<ul style="list-style-type: none"> <li>La Clinica del Pueblo offers <i>Volviendo a Vivir</i>, an outpatient substance abuse treatment program for Latinos with drug and/or alcohol dependency. Targets recent ex-offenders and those awaiting trial in the Latino community. There are two levels of treatment, Level 1 and Level 2 (intensive). The treatment consists of individual and group therapy as well as HIV education and testing, and case management.</li> </ul> <p>Languages: English, Spanish.</p>	18+	<ul style="list-style-type: none"> <li>Insurance: For DC residents: DC FFS Medicaid, Trusted, Amerigroup, and AmeriHealth. For MD residents: MD Medicaid, United Healthcare. Also CareFirst, Aetna, Cigna, United Healthcare. Sliding scale fee available or qualifying individuals.</li> <li>Referral: Walk-ins or referrals accepted.</li> <li>Availability: Unable to verify.</li> </ul>

## ALCOHOL/SUBSTANCE USE

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p><b>Latin American Youth Center</b></p> <p>1419 Columbia Road NW                      WDC 20009                      Columbia Hgts Metro Station –                      Green/Yellow Lines                      Bus: 52, 53, 54, H1, H2, H3, H4</p> <p>P:202-319-2225                      Email: <a href="mailto:rocio@layc-dc.org">rocio@layc-dc.org</a>  <a href="http://www.layc-dc.org/">http://www.layc-dc.org/</a></p>	<ul style="list-style-type: none"> <li>• Core Service Agency that provides assessment; individual, group, and family counseling; crisis intervention; psychiatric evaluations, medication management; and community support. Provides CBI levels II &amp; III. Only bilingual ASTP provider in DC. Language: English and Spanish</li> </ul>	<p>12-21</p>	<ul style="list-style-type: none"> <li>▪ Insurance: DC Medicaid Trusted, AmeriHealth, Amerigroup, MD Medicaid, United Healthcare. Also CareFirst, Aetna, Cigna, United Healthcare. Sliding scale fee available or qualifying individuals.</li> <li>▪ Referral: Needed from primary care physician. Form can be found online.</li> <li>▪ Availability: 1-2 weeks for new patients.</li> </ul>
<p><b>Life Stride</b></p> <p>3005 Bladensburg Rd NE                      Washington, Dc 20018                      Bus: B2, B8, B9, H6</p> <p>P: 202-635-2320</p> <p><a href="http://www.life-stride.com/">http://www.life-stride.com/</a></p>	<ul style="list-style-type: none"> <li>• The services are curriculum driven, psycho-social and psycho educational and are developed to assist each individual in the development of those skills. Services include:                             <ul style="list-style-type: none"> <li>○ Psychiatric Services &amp; Case Management</li> <li>○ Medication Education and Management</li> <li>○ Individual, group and family counseling</li> <li>○ Support 24-hours a day to assist in times of emergencies</li> <li>○ Homeless Case Management Services</li> <li>○ Supports &amp; services designed to meet the needs of individual families</li> <li>○ Dual diagnosis service groups and intensive linkages for a variety of addictions that are being experienced by consumers.</li> </ul> </li> </ul>	<p>Unable to verify</p>	<ul style="list-style-type: none"> <li>▪ Insurance: DC FFS, DC MCOs</li> <li>▪ Referral: Call Access HelpLine at 1-888-793-4357.</li> <li>▪ Availability: Unable to verify</li> </ul>



## ALCOHOL/SUBSTANCE USE

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p><b>Montgomery County Child &amp; Adolescent Mental Health Program</b></p> <p>7300 Calhoun Pl., Suite 600 Rockville, MD 20855 Bus: 45,46,55,59,Q1, Q2</p> <p>P: 240-777-1432</p> <p><a href="http://www.montgomerycountymd.gov/HHS-Program/Program.aspx?id=BHCS/BHCSCChildAdolMentalHealth-p471.html">http://www.montgomerycountymd.gov/HHS-Program/Program.aspx?id=BHCS/BHCSCChildAdolMentalHealth-p471.html</a></p>	<ul style="list-style-type: none"> <li>Provides family-focused outpatient mental health services to children, adolescents, and their families to help address severe emotional, behavioral, substance abuse, and victimization issues. Services include mental health screening &amp; assessment; diagnostic evaluation, family, individual and group psychotherapy; clinical case management; drug and alcohol assessment, and education; behavioral and medication management and follow up services; and outreach treatment and support services in the selected school sites for children and adolescents who are involved with Montgomery County Public Schools, ED (Emotionally Disabled) classrooms.</li> </ul> <p>Language: English, Spanish</p>	<p>5-18</p>	<ul style="list-style-type: none"> <li>Insurance: Sliding scale payment and MD Medicaid</li> <li>Referral: Not needed. Must be a resident of Montgomery County to receive services.</li> <li>Availability: Typically 4 week wait.</li> </ul>
<p><b>Narcotics Anonymous Hotline</b></p> <p>P: 1-800-543-4670</p> <p><a href="http://www.cprna.org">www.cprna.org</a></p>	<ul style="list-style-type: none"> <li>Narcotics Anonymous is a global, community-based organization with a multi-lingual and multicultural membership. Offer recovery from the effects of addiction through working a twelve-step program, including regular attendance at group meetings.</li> </ul> <p>Languages: Multi-lingual.</p>	<p>Any age</p>	<ul style="list-style-type: none"> <li>Services are free.</li> </ul>

## ALCOHOL/SUBSTANCE USE

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p><b>Next Step Program - Foundation for Contemporary Mental Health</b></p> <p>2112 F Street NW Suite 404 WDC 20037 Foggy Bottom – Blue and Orange Lines Bus: 80, 31, 32, 36, N3, S1, X1</p> <p>P: 202-296-4422 <a href="http://fcmhdc.org/">http://fcmhdc.org/</a></p>	<ul style="list-style-type: none"> <li>The Next Step Program focuses on outpatient substance abuse treatment. Special programs are offered for DUI/DWI offenders.</li> </ul> <p>Languages: Unable to verify.</p>	21+	<ul style="list-style-type: none"> <li>Patients who are D.C. residents and have no insurance or whose insurance does not cover substance abuse treatment services may be eligible to receive a paid voucher for treatment at The Next Step. In order to receive a voucher for the program of their choice, patients must first be assessed for eligibility and referred by APRA's Assessment and Referral Center.</li> <li>Referral: Referral required.</li> <li>Availability: Unable to verify.</li> </ul>
<p><b>Riverside Treatment Center</b></p> <p>2041 Martin Luther King Jr. Ave. SE WDC 20020 Anacostia – Green Line Bus: 90, 93, A9, A42, A46, A48, B2, P6, U2</p> <p>P: 202-889-3182</p>	<ul style="list-style-type: none"> <li>The Riverside Outpatient Program is specifically designed to provide a continuum of treatment for adolescents and young adults who are abusing or addicted to substances and who may present with co-occurring psychiatric disorders. The multidimensional modalities offered include assessment, treatment, education, prevention, case management, systems coordination, family interventions, home visits and evidence based manualized treatment approaches that include the Cannabis Youth Treatment (CYT), Motivational Enhancement Therapy (MET), and Cognitive Behavioral Therapy (CBT) 12 Series. Twelve Step A.A. /N.A. materials geared towards young people's interest levels are utilized. Program elements also include an aggressive family outreach program, cultural</li> </ul>	12-21	<ul style="list-style-type: none"> <li>Insurance: Unable to verify.</li> <li>Referral: Unable to verify.</li> <li>Availability: Unable to verify.</li> </ul>

## ALCOHOL/SUBSTANCE USE

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
	<p>enrichment activities, life skills, ethics, conflict resolution, self-esteem, anger management and socialization curricula. Transportation and meals are provided for all clients.</p> <ul style="list-style-type: none"> <li>• Provides Adolescent Community Reinforcement Approach (substance use evidence-based practice).</li> </ul> <p>Languages: Unable to verify.</p>		
<p><b>Samaritan Inns – Intensive Recovery Program</b></p> <p>2523 14th Street NW WDC 20009 Columbia Heights – Green/Yellow Lines Bus: 52, 53, 54, 70</p> <p>P: 202-667-8831 <a href="http://www.samaritaninns.org/">http://www.samaritaninns.org/</a></p>	<ul style="list-style-type: none"> <li>• Offers 3 phases of treatment. The first is a highly structured, 28-day residential program where men and women experiencing homelessness and addiction learn the 12-step AA/NA principles and practices, and benefit from individual and group counseling. The second stage is transitional living, a 4-6 month program that empowers residents to practice the principles learned during their 28-day treatment. The final stage is single room occupancy (SRO) housing.</li> <li>• Treatment facilities for women and children available.</li> </ul> <p>Languages: Unable to verify.</p>	18+	<ul style="list-style-type: none"> <li>▪ Insurance: Clients come from APRA</li> <li>▪ Referral: Applicants must be referred for transitional living.</li> <li>▪ Availability: Unable to verify.</li> </ul>
<p><b>Utopia Health Services</b></p> <p>7317 Hanover Parkway, Suite A Greenbelt, MD 20770 Bus: 11, 16, G12, 11</p> <p>P: 301. 220.2842 <a href="https://www.aboututopia.com/">https://www.aboututopia.com/</a></p>	<p>Utopia Health Center offers clinical services and individual, couple, family and/or group counseling by one of our accomplished clinicians. Also offers a wide variety of groups including:</p> <ul style="list-style-type: none"> <li>• Acculturation Workshop</li> <li>• Cancer Journey</li> <li>• Cinematic Psychotherapy</li> <li>• Drum Therapy</li> <li>• Dui/DWI</li> <li>• Healthy Relationships</li> <li>• Healing Through Arts</li> </ul>	4+	<ul style="list-style-type: none"> <li>▪ Insurance: Commercial insurance (Aetna, Cigna, Tricare, BCBS), MD Medicaid</li> <li>▪ Referral: Unable to verify.</li> <li>▪ Availability: No wait for new patient therapy appointments.</li> </ul>

**ALCOHOL/SUBSTANCE USE**

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
	<ul style="list-style-type: none"> <li>• I'm Sober, Now What (Social Skills)</li> <li>• Intimacy After Infidelity</li> <li>• Life skills</li> <li>• Pet Therapy for PTSD</li> </ul> <p>Languages: English and Spanish</p>		
<p><b>Washington Metropolitan Area AL-ANON Hotline</b></p> <p>278 Carroll Street NW WDC 20012</p> <p>P: 202-635-2023 <a href="http://www.al-anon-alateen-dcmd.org">www.al-anon-alateen-dcmd.org</a></p>	<ul style="list-style-type: none"> <li>• AL-ANON is a fellowship of relatives and friends of alcoholics who share their experiences, strength, and hope in order to solve their common problems. Services through AL-ANON are free.</li> <li>• The Washington Metropolitan Area Al-Anon/Alateen Information Service serves Washington, D.C., Montgomery County, Prince George's County, Charles County and Calvert County.</li> </ul>	All ages	<ul style="list-style-type: none"> <li>▪ Services are free.</li> <li>▪ Referral: Unable to verify.</li> <li>▪ Availability: Unable to verify.</li> </ul>