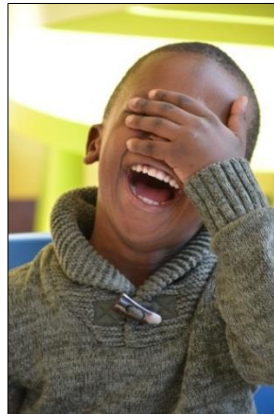


The DC Collaborative for Mental Health in Pediatric Primary Care's Child & Adolescent Mental Health Resource Guide

The DC Collaborative for Mental Health in Pediatric Primary Care aims to improve the integration of mental health in pediatric primary care for children in the District of Columbia. We have a strong commitment to addressing the mental health needs of diverse children, from birth through 20, and their families, through culturally competent, family-focused initiatives. The Collaborative is a multidisciplinary group, comprised of the following lead organizations, and guided by a Community Advisory Board: Children's Law Center, Children's National Health System, DC Chapter of the American Academy of Pediatrics, DC Department of Behavioral Health, DC Department of Health, DC Department of Health Care Finance, and Georgetown University.

As part of our work, we have compiled the following **mental health resource guide for use by pediatric primary care providers in the Washington, DC area**. If you have updates, questions or comments, please contact Penelope Theodorou at pthodoro2@childrensnational.org or Erica Smith-Grasse at esmithgras@childrensnational.org.



CORE SERVICE AGENCIES

DBH contracts with a number of agencies to deliver Mental Health Rehabilitation Services, and provide community-based or in-home services for children with severe social/emotional disorder diagnoses. Providers who offer the four core services (diagnostic assessments, medication management, community support, and counseling) are classified as CSAs; those providers who offer a subset of these core services (e.g., assessment and counseling) can be certified as a sub-provider or specialty provider. The following list includes child-serving agencies that are CSAs, as well as agencies that are certified as sub-providers of MHRS. This section is organized by geographic quadrant.

Call the 24/7 Access Helpline 1-888-793-4357 to connect with one of the CSAs.

NOTE: CSAs are required to offer interpretation and language line services. This can be requested by calling the CSA directly. Access points for CSAs are 35 K street, Howard Rd, CFSA and DYRS in addition to AccessHelpline.

CORE SERVICE AGENCIES IN NORTHEAST

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>Amazing Love Health</p> <p>702 15th St. NE Washington, DC 20002 Bus: X1, X2, X3, X8, B2, S41 P: 202-388-8500 ext 100</p> <p>http://www.alhs-health.com/services/</p>	<ul style="list-style-type: none"> The major goal of the Free Standing Mental Health Clinic (FSMHC) is to provide high-quality mental health services to the eligible community under the direction of experienced, licensed psychiatrists, ensure coordination of care, and emphasize outpatient and community-based treatment to reduce the need for inpatient services. <p>Language: French and English.</p>	18+	<ul style="list-style-type: none"> Insurance: DC FFS and DC MCOs Referral: Not necessary Availability: Walk-in appointments M-F 9am-5:30pm, No waitlist
<p>Anchor Counseling Services</p> <p>1001 Lawrence St NE Washington, DC 20017 Bus: H8, H9, G8, 80, H1, H2, H3, H4, H6 Brookland-CUA- red line P: (202) 635-5953</p> <p>www.catholiccharitiesdc.org/acs/</p>	<ul style="list-style-type: none"> Provides professional counseling and supportive guidance for reflection, exploration, and self-improvement. Topics include depression, anxiety, bipolar disorder, self-esteem, grief and loss, anger management, substance abuse, trauma/PTSD, relationship/intimacy, family dynamics, stress management. <p>Language: English, unable to verify others.</p>	18+	<ul style="list-style-type: none"> Insurance: AmeriHealth, Amerigroup, Trusted, DC Medicaid, Medicare, Optimum, and most CareFirst BlueCross/BlueShield plans. If no insurance, appointment fee = \$125/hour

CORE SERVICE AGENCIES IN NORTHEAST

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>Federal City Recovery Services – ASTEP Provider</p> <p>316 F Street NE Suite 118 WDC 20002 Union Station – Red Line Bus: 80, 90, 92, 93, 96, 97, D1, D3, D4, D6, D8, X1, X2, X8 DC Circulator</p> <p>P: 202-548-8460 http://www.federalcityrecovery.org/</p>	<ul style="list-style-type: none"> • Certified by DBH to provide Adolescent Community Reinforcement Approach (substance use evidence-based practice). Federal City Recovery Services applies its highly effective HYPPEP (Helping Young People Perform Excel and Recover) which provides outpatient Access to Recovery(ATR) • Services and programs for adolescents who are at risk for substance abuse problems. In take for youth is 9am-5pm and treatment groups are 4:30-8pm. <p>Languages: Unable to verify.</p>	12-22	<ul style="list-style-type: none"> ▪ Insurance: No insurance required. ▪ Referral: No referral necessary. ▪ Availability: Call regarding intake hours.
<p>Life Enhancement Services</p> <p>1818 New York Ave NE Suite 115 WDC 20002 Green, Yellow Line Bus: E2, T14, H6, D8</p> <p>P: 202-260-2404 http://www.lifeenhancementservices.org/dc/</p>	<ul style="list-style-type: none"> • Provides medication management; diagnostic & comprehensive clinical assessments; behavioral health screenings; therapy (individual, group, family); community support; case management; in home therapy. • Provides Transition to Independence Process (TIP) and CBI Level II & III. <p>Languages: English.</p>	5+	<ul style="list-style-type: none"> ▪ Insurance: DC FFS Medicaid, AmeriHealth, HSCSN, Trusted, Amerigroup ▪ Referral: Call Access HelpLine at 1-888-793-4357. ▪ Availability: One month.
<p>Life Stride</p> <p>3005 Bladensburg Rd NE Washington, Dc 20018 Bus: B2, B8, B9, H6</p> <p>P: 202-635-2320 http://www.life-stride.com/</p>	<ul style="list-style-type: none"> • The services are curriculum driven, psycho-social and psycho educational and are developed to assist each individual in the development of those skills. Services include: <ul style="list-style-type: none"> ○ Psychiatric Services & Case Management ○ Medication Education and Management ○ Individual, group and family counseling ○ Support 24-hours a day to assist in times of emergencies 	Unable to verify	<ul style="list-style-type: none"> ▪ Insurance: DC FFS, DC MCOs ▪ Referral: Call Access HelpLine at 1-888-793-4357. ▪ Availability: Unable to verify

CORE SERVICE AGENCIES IN NORTHEAST

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
	<ul style="list-style-type: none"> ○ Homeless Case Management Services ○ Supports & services designed to meet the needs of individual families ○ Dual diagnosis service groups and intensive linkages for a variety of addictions that are being experienced by consumers. 		
<p>Mary's Center 100 Gallatin Street NE WDC 20011 Fort Totten – Green/ Yellow/ Red Lines Bus: 60, K6, E4, R1, K9, 64, K2, R2, E2</p> <p>P: 202-846-8053</p> <p>https://www.maryscenter.org/BehavioralHealthOverview</p>	<ul style="list-style-type: none"> ● Provides psychiatric and therapeutic services, including Parent Child Interaction Therapy (PCIT) and Child Parent Psychotherapy (CPP) for children. Will conduct psychiatric assessments and med management for children under 5. Languages: English, Spanish. 	<p>Therapy 2+ Psychiatry 3+</p>	<ul style="list-style-type: none"> ▪ Insurance: DC and MD Medicaid, Trusted, HSCSN, AmeriHealth, Aetna, Blue Cross Blue Shield, Cigna, Tricare. Discount services available for uninsured-- sliding scale base on income (Initial appointment is \$24-\$145, mental health from \$10-\$65 per session) ▪ Referral: PCIT referral from primary Care helpful. Call mental health #: 202-420-7122, or call Access HelpLine at 1-888-793-4357. ▪ Appointment Line: 1-844-796-2797 24/7 ▪ Availability: Availability depends on site. Call Friday mornings for next week's schedule. With referral, patients under 5 and parents under 25 can get into PCIT program within 1 week.

CORE SERVICE AGENCIES IN NORTHEAST

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>MBI Health Services</p> <p>4017 Minnesota Ave NE WDC, 20019 Minnesota Ave- Orange/Silver Line Bus: U2, U5, U6, V7, V8 P: 202-388-9202 *Site for 18 yo+</p> <p>http://www.mbihealthservices.com/general/index.php</p>	<ul style="list-style-type: none"> Provides four core services of diagnostic and assessment services; community support services; counseling services; High Fidelity Wraparound Services; Transition to Independence Process (TIP); and medication and somatic treatments. Has 2 child psychiatrists on staff. Specialty services available for LGBT youth. Appointments available after intake process. <p>Languages: English only.</p>	<p>5+</p>	<ul style="list-style-type: none"> Insurance: AmeriHealth, DC FFS Medicaid, HSCSN, Trusted, Amerigroup Referral: Walk-in intake appointment or call Access HelpLine at 1-888-793-4357. Availability: When open for intake, immediate availability. Walk-ins available from 9am – 2pm M-F. After intake there is a wait for services
<p>Mental Health Services Division (This is an access point for CSAs and does not provide ongoing services)</p> <p>35 K Street NE WDC 20002 Union Station – Red Line Bus: D3, D4, 80</p> <p>P: 202-442-4100</p>	<ul style="list-style-type: none"> Same Day Urgent Care Clinic - provides diagnostic and assessment services, emergency medication/somatic treatment, counseling and psychotherapy for individuals with court-ordered services or not linked yet to CSA will assist in connecting the family to a core service agency. Pharmacy Services- Individuals who are uninsured can get prescribed medication at the DBH pharmacy located at 35 K Street NE. The pharmacy is open Monday through Friday from 8:30 am to 5 pm. Prescriptions received before 4:15 pm will be filled the same day. Call (202) 442-4954 if you need assistance. Serving Individuals With Unique Needs- DBH provides behavioral health services and supports to unique populations, including individuals who are deaf/hearing impaired, limited or no English speaking, or who have co-occurring intellectual disabilities. For an appointment, please call (202) 442-4202 or the ACCESS Helpline at 1-888-793-4357. 	<p>18+</p>	<ul style="list-style-type: none"> Insurance: DC FFS Medicaid and DC MCOs. Referral: Not needed. Call Access HelpLine at 1-888-793-4357. Availability: Walk-in hours Monday-Friday 8:30am-3pm. They accept new patients daily until quota is met so arrive before 10:30am or noon to guarantee services. Call the clinic if you have any questions about appropriateness.

CORE SERVICE AGENCIES IN NORTHEAST

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>PCC Stride (Psychiatric Center Chartered)</p> <p>3001 Bladensburg Rd., Ste. 100 NE Washington, DC 20018 Bus: H6, B2, B8, B9</p> <p>202-842-2016</p> <p>https://pccstride.org/mental-health/</p>	<p>Languages: Unable to verify.</p> <ul style="list-style-type: none"> Adult CSA offers psychiatry, community support workers, and individual therapy 	18+	<ul style="list-style-type: none"> Insurance: DC Medicaid and MCOs. Referral: Schedule intake through Access Helpline: 1-888-793-4357 Availability: Intake appointments available within 1 week. Psychiatry is 2-3 weeks after intake.
<p>Washington Hospital Center Trinity Square (Outpatient Psychiatry)</p> <p>216 Michigan Ave NE Washington, DC 20017 Bus: H1, H2, H3, H4, 80, D8 Brookland- Trinity- red line</p> <p>(202) 877-6333</p> <p>https://www.medstarwashington.org/outpatient-services/mental-health/why-choose-us/</p>	<ul style="list-style-type: none"> Outpatient or Partial Hospitalization Mental Health Facility. Special programs for transition-Age 18-25, Persons with Mental Health and Substance Abuse Disorders, and Mental Health Issues. <p>Language: English, French, Vietnamese</p>	18+	<ul style="list-style-type: none"> Insurance: DC Medicaid, Commercial Insurance, sliding scale rates Referral: Not required Availability: Intake appointments within one week, psychiatry wait is 30-45 days.

CORE SERVICE AGENCIES IN NORTHWEST

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>City Care Health Services</p> <p>502 Kennedy St. NW Washington DC 20011</p> <p>P: 202-313-7283</p> <p>http://citycarehome.com/free-standing-mental-health-clinic-core/</p>	<p>Citycare goal is to deliver behavioral health services that promote recovery, respect cultural and linguistic diversity, and are choice-driven through the Mental Health Rehabilitation Services system for community-based care or MHRS. The MHRS system is based on individualized services and supports including, diagnostic/assessment services and counseling, medication/somatic treatment, counseling and, psychotherapy, community Support Services.</p>		<ul style="list-style-type: none"> ▪
<p>Foundations for Community (First Home Care)</p> <p>1012 14th Street NW, Suite 1000 WDC 20005</p> <p>McPherson Square – Blue/Orange/Silver Bus: 80, D1, D3, D6, 52, 53, 54</p> <p>P: 202-737-2554</p> <p>http://www.firsthomecare.com/</p>	<ul style="list-style-type: none"> • A CSA that provides services to children and youth with serious emotional disturbances and persons with serious mental illness. Services include diagnostic assessments, medication/somatic treatment, individual, family and group counseling, community support, which includes skills training (anger management, coping skills, study skills, stress management, etc.). • Provide Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), Transition to Independence Process (TIP). Parent Child Interaction Therapy (PCIT), and Parent Child Psychotherapy (CPP). <p>Languages: English only.</p>	<p>0-6 (PCIT and CPP)</p> <p>5-21</p>	<ul style="list-style-type: none"> ▪ Insurance: HSCSN, AmeriHealth, Trusted, Amerigroup, FFS ▪ Referral: Call Access HelpLine at 1-888-793-4357. For SEED services, contact agency directly. ▪ Availability: Call Access HelpLine.
<p>Hillcrest Children and Family Center</p> <p>915 Rhode Island Avenue NW WDC 20001</p> <p>Shaw – Green/Yellow Lines</p> <p>Bus: G8, 63, 64</p> <p>P: 202-232-6100</p> <p>http://www.hillcrest-dc.org/</p>	<ul style="list-style-type: none"> • Provides individual, group, and family therapy, psychiatric evaluation, parenting education, anger and stress management services, a youth substance abuse treatment program (Turning Point), a youth substance abuse prevention program (Project Success), community support services, community-based interventions (levels II, III, and IV), a depression intervention program, and crisis intervention and emergency services. Children, adolescent, and teen services include community 	<p>5+</p>	<ul style="list-style-type: none"> ▪ Insurance: DC FFS Medicaid, Amerigroup, Trusted, AmeriHealth, HSCSN, ValueOptions; Insurance not required for Alcohol/substance use ▪ Referral: Walk-in appointments for intake: Mon/Wed 8:30am-

CORE SERVICE AGENCIES IN NORTHWEST

	<p>support, individual counseling, and medication management. Provide Trauma-Focused Cognitive Behavioral Therapy and Functional Family Therapy and Adolescent Community Reinforcement Approach (substance use evidence-based practice).</p> <ul style="list-style-type: none"> • ASTEP provider . For Drug and alcohol treatment through ASTEP call Hillcrest directly to arrange intake. <p>Languages: English only</p>		<p>12pm and Tues/Thurs 8:30am-4pm. Or call Access HelpLine for intake appointment at 1-888-793-4357.</p> <ul style="list-style-type: none"> ▪ Availability: For CSA services, call Access HelpLine for wait time. 1st appointment is diagnostic and occurs within 1 week. 2nd appointment is evaluation, and then waits for services.
<p>Latin American Youth Center</p> <p>1419 Columbia Road NW WDC 20009 Columbia Hgts Metro Station – Green/Yellow Lines Bus: 52, 53, 54, H1, H2, H3, H4</p> <p>P:202-319-2225 Email: rocio@layc-dc.org http://www.layc-dc.org/</p>	<ul style="list-style-type: none"> • Core Service Agency that provides assessment; individual, group, and family counseling; crisis intervention; psychiatric evaluations, medication management; and community support. Provides CBI levels II & III. Only bilingual ASTP provider in DC. <p>Language: English and Spanish</p>	<p>12-21</p>	<ul style="list-style-type: none"> ▪ Insurance: DC Medicaid Trusted, AmeriHealth, Amerigroup, MD Medicaid, United Healthcare. Also CareFirst, Aetna, Cigna, United Healthcare. Sliding scale fee available or qualifying individuals. ▪ Referral: Needed from primary care physician. Form can be found online. ▪ Availability: 1-2 weeks for new patients.
<p>Mary’s Center</p> <p>3912 Georgia Avenue NW WDC 20011 (Psychiatry) Georgia/Petworth – Green/Yellow Lines Bus: 60, 62, 63, 64, 70, 79, H8</p>	<ul style="list-style-type: none"> • Provides psychiatric and therapeutic services, including Parent Child Interaction Therapy (PCIT), for children. Will conduct psychiatric assessments and med management for children under 5. <p>Languages: English, Spanish.</p>	<p>Therapy 2+ Psychiatry 3+</p>	<ul style="list-style-type: none"> ▪ Insurance: DC and MD Medicaid, Trusted, HSCSN, AmeriHealth, Aetna, Blue Cross Blue Shield, Cigna, Tricare. Discount services available for uninsured-- sliding scale base on income (Initial appointment is \$24-\$145,

CORE SERVICE AGENCIES IN NORTHWEST

<p>2333 Ontario Road NW WDC 20010 Bus: 90, 93, 96, X3, S1, S2, S4, S9</p> <p>P: 202-846-8053</p> <p>https://www.maryscenter.org/BehavioralHealthOverview</p>			<p>mental health from \$10-\$65 per session)</p> <ul style="list-style-type: none"> ▪ Referral: PCIT referral from primary Care helpful. Call mental health #: 202-420-7122, or call Access HelpLine at 1-888-793-4357. ▪ Appointment Line: 1-844-796-2797 24/7 ▪ Availability: Availability depends on site. Call Friday mornings for next week's schedule. With referral, patients under 5 and parents under 25 can get into PCIT program within 1 week.
<p>Volunteers of America Chesapeake</p> <p>508 Kennedy St NW Washington, DC 20011 Bus: 62, 63, E4 Fort Totten- Red/Yellow/Green lines</p> <p>P: 202-223-9630</p> <p>https://www.voachesapeake.org/behavioral-health</p>	<ul style="list-style-type: none"> • Bilingual psychiatry, therapy, housing and employment support, community support workers can assist with transportation and immigration questions <p>Language: English and Spanish</p>	<p>18+</p>	<ul style="list-style-type: none"> ▪ Insurance: DC Medicaid and all MCOs ▪ Referral: Call Access Helpline 1-888-493-4357 ▪ Availability: Few months wait for intake.

CORE SERVICE AGENCIES IN SOUTHEAST

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>Community Connections</p> <p>650 Pennsylvania Ave SE Suite 50 WDC 20003 Eastern Market – Blue/Orange/Silver Bus: 90, 92, 93, 30N, 30S, 32, 34, 36, 39</p> <p>P: 202-465-4065 www.communityconnectionsdc.org</p>	<ul style="list-style-type: none"> • Core Service Agency that provides comprehensive mental health services including assessment of needs and life domains; individualized treatment planning; community support services; in home and/or office based counseling; community-based interventions; psycho-educational training and support; medication management. • Provide Trauma-Focused Cognitive Behavioral Therapy, Transition to Independence Process (TIP). • DBH SEED (Social, Emotional, Early Development) Provider-- offers parent child interaction therapy and parent child psychotherapy for kids 0-6yo. • HEART (Healing, Empowering, and Recovering Together program) offers family therapy and care coordination for adult and child behavioral health services. <p>Languages: English</p>	<p>0-17</p>	<ul style="list-style-type: none"> ▪ Insurance: DC FFS Medicaid, AmeriHealth, Amerigroup, Trusted and HSCSN. ▪ Referral: Call Access HelpLine at 1-888-793-4357. ▪ Walk-in intake appointments Wednesdays between 10am and 2pm. Only parent needs to come to walk-in time. If unable to attend walk-ins call Access HelpLine at 1-888-793-4357. ▪ Availability: Services begin 1 week after walk-in intake appointment.
<p>DC Department of Behavioral Health Parent Infant Early Childhood Enhancement Program (PIECE) and Child Psychiatric Practice Group</p> <p>821 Howard Road SE WDC 20020 Anacostia – Green Line Bus: P18, W14, B2, W2, W4, 90, 94, A42, A46, A48, P6, A2, A7, A8, A4, W5, W6, W8, W2, W3, A9, Circulator</p> <p>P: 202-698-1838</p>	<ul style="list-style-type: none"> • The Parent Infant Early Childhood Enhancement Program (PIECE) has two components: 1) Early Intervention provides screening, assessment, individual, family, and art therapy, Parent Child Interaction Therapy (PCIT) and Child Parent Psychotherapy for Family Violence; and 2) Healthy Start works with moms with depression/other mental health issues who have child birth-3 years. Includes psycho-educational parenting group, and home visits if mother is too ill for office-based services. • They Psychiatric group does not offer ongoing services. Urgent cases can be arranged for the same week if scheduled for diagnostic assessment at a CSA and if the child hasn't been seen yet. 	<p>PIECE: 3 – 6 Healthy Start: Mother and child 0-3</p> <p>PPG: 4-18</p>	<ul style="list-style-type: none"> ▪ Insurance: Accepts all DC Medicaid MCOs and DC FFS Medicaid. Serves all individuals regardless of ability to pay. ▪ Referral: Referral from physician not necessary, but helpful. Referral form obtained by calling 202-698-1838. ▪ Availability: A few months wait, including psychiatrists. Trauma therapy only available up to 6 years old.

CORE SERVICE AGENCIES IN SOUTHEAST

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
	Languages: Can utilize interpreter service if necessary.		
<p>Family Wellness Center</p> <p>2526 Pennsylvania Avenue SE Suite C WDC 20020 Bus: U2, V7, V9, 30N, 30S, 32, 34, 36, 36, 39, B2, A11, J13, K11, M6 P: 202-748-5641</p>	<ul style="list-style-type: none"> CSA that provides diagnostic assessments, medication management, group and individual therapy, community support. <p>Languages: German and Urdu.</p>	8+	<ul style="list-style-type: none"> Insurance: Straight Medicaid, DC MCOs Referral: Call Access HelpLine at 1-888-793-4357. Availability: Call to determine if wait. Intake appointments available in 1 week. The intake will be a 3 hour process at which time will be matched with CSW. Psychiatry can be scheduled within 1 month. They only have 1 psychiatrist who comes in for a few hours on Wednesdays.
<p>Inner City Family Services</p> <p>2313 Martin Luther King Jr. Avenue SE WDC 20020 Anacostia – Green Line Bus: 90, A42, A46, A48, B2, P6, U2, W2, W3, W8, 93 P: 202-525-4855 http://www.innercityfamilyservices.com/</p>	<ul style="list-style-type: none"> Provides individual counseling, family counseling and training, community support, crisis intervention, diagnostic assessments, psychological evaluation, behavioral aid, community transition and medical management. <p>Languages: English only.</p>	4+	<ul style="list-style-type: none"> Insurance: DC FFS Medicaid, AmeriHealth, Trusted, Amerigroup Referral: Recommended form primary care provider or other source but not required. Call Access HelpLine at 1-888-793-4357. Availability: Call Access HelpLine. In-home and Saturday therapy hours available.
<p>MBI Health Services</p>	<ul style="list-style-type: none"> Provides four core services of diagnostic and assessment services; community support services; counseling 	5+	<ul style="list-style-type: none"> Insurance: AmeriHealth, DC FFS Medicaid, HSCSN, Trusted,

CORE SERVICE AGENCIES IN SOUTHEAST

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>2041 Martin Luther King Jr. Avenue SE WDC 20020 Anacostia – Green Line Bus: 90, 93, A9, A42, A46, A48, B2, P6, U2 P: 202-547-8450</p> <p>http://www.mbihealthservices.com/general/index.php</p>	<p>services; High Fidelity Wraparound Services; Transition to Independence Process (TIP); and medication and somatic treatments.</p> <ul style="list-style-type: none"> Has 2 child psychiatrists on staff. Specialty services available for LGBT youth. Appointments available after intake process. <p>Languages: English only.</p>		<p>Amerigroup</p> <ul style="list-style-type: none"> Referral: Walk-in intake appointment or call Access HelpLine at 1-888-793-4357. Availability: When open for intake, immediate availability. Walk-ins available from 9am – 2pm M-F. After intake there is a wait for services
<p>Prevention Measures</p> <p>2759 Martin Luther King Jr Ave SE Washington, DC 20032</p> <p>P: 202-563-7632</p> <p>http://preventive-measuresinc.com/</p>	<ul style="list-style-type: none"> Provides four core services of diagnostic and assessment services; psychiatric evaluation, medication evaluation, individual/group therapy, community support services; life skills; anger management; counseling; drug and alcohol intervention. <p>Languages: Unable to verify</p>	10+	<ul style="list-style-type: none"> Insurance: Unable to verify Referral: Call Access HelpLine at 1-888-793-4357. Availability: Unable to verify
<p>PSI</p> <p>701 L Street, door #5 SE Washington, DC 20003 Bus: P6, V1, V4, 90, 92, 315, 735, 850, 32, 34, 36, 30N, 30S Green Line-Navy Yard and Orange/Blue/Silver Line-Eastern Market</p> <p>P: 202-547-3870</p> <p>http://www.psiservicesinc.net/pages/Ch</p>	<ul style="list-style-type: none"> Psychiatric therapy, community support, and individualized therapy. Adult day program and on-site pharmacy. Parenting Skills Training Group and individual 24-hour parenting classes to develop parenting skills and attitudes and prevent child abuse or neglect. Classes meet at PSI or in the home. Classes are offered for a fixed fee, and are open to all interested parents. <p>Languages: English</p>	5+	<ul style="list-style-type: none"> Insurance: AmeriHealth, HSCSN, Trusted, Amerigroup, FFS Medicaid Call Access HelpLine at 1-888-793-4357 Availability: Therapy and psychiatry services start within 7 days of intake. Families connected immediately with community support workers.

CORE SERVICE AGENCIES IN SOUTHEAST

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
ildServices/ede.html			Few clinicians are available for in-home services if family unable to get to clinic.

CORE SERVICE AGENCIES IN MARYLAND AND VIRGINIA

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>Mary's Center</p> <p>8709 Flower Avenue Silver Spring, MD 20901 Bus: 12, 13, 14, 15, 16, 19, 20, 24, J4</p> <p>8908 Riggs Road Adelphi, MD 20783 Bus: R1, R2, C8</p> <p>P: 202-846-8053 https://www.maryscenter.org/BehavioralHealthOverview</p>	<ul style="list-style-type: none"> Provides psychiatric and therapeutic services, including Parent Child Interaction Therapy (PCIT) and Child Parent Psychotherapy (CPP) for children. Will conduct psychiatric assessments and med management for children under 5. <p>Languages: English, Spanish.</p>	<p>Therapy 2+ Psychiatry 3+</p>	<ul style="list-style-type: none"> Insurance: DC and MD Medicaid, Trusted, HSCSN, AmeriHealth, Aetna, Blue Cross Blue Shield, Cigna, Tricare. Discount services available for uninsured-- sliding scale base on income (Initial appointment is \$24-\$145, mental health from \$10-\$65 per session) Referral: PCIT referral from primary Care helpful. Call mental health #: 202-420-7122, or call Access HelpLine at 1-888-793-4357. Appointment Line: 1-844-796-2797 24/7 Availability: Availability depends on site. Call Friday mornings for next week's schedule. With referral, patients under 5 and

CORE SERVICE AGENCIES IN MARYLAND AND VIRGINIA

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>Maryland (MD) Family Resource</p> <p>903 Brightseat Rd Landover, MD 20785 Bus from Largo Metro-Blue/Silver Line P: 301-333-2980 http://www.mfrinonline.com/</p>	<ul style="list-style-type: none"> Core Service Agency that provides four core services of diagnostic and assessment services; community support services; counseling services; community-based intervention and medication and somatic treatments. This agency provides on-site and off-site services. Provide Trauma-Focused CBT and CBI levels II & III. <p>Languages: English only.</p>	<p>5+</p>	<p>parents under 25 can get into PCIT program within 1 week.</p> <ul style="list-style-type: none"> Insurance: DC FFS Medicaid and all MD Medicaid, no DC Medicaid MCOs. Referral: DC residents, call Access HelpLine at 1-888-793-4357. MD residents, call main office number, Or 301-333-2980, ext. 115 --Anthony Pinkney, intake coordinator. If child is connected to NCCF or CFSA, referral needs to come from social worker. Availability: Intake appointments within one week. Second appointment psychiatry, then therapy services begins 2-3 week later.