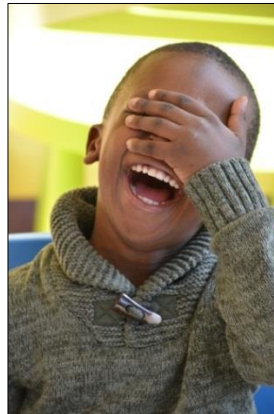


Spring 2018

The DC Collaborative for Mental Health in Pediatric Primary Care's Child & Adolescent Mental Health Resource Guide

The DC Collaborative for Mental Health in Pediatric Primary Care aims to improve the integration of mental health in pediatric primary care for children in the District of Columbia. We have a strong commitment to addressing the mental health needs of diverse children, from birth through 20, and their families, through culturally competent, family-focused initiatives. The Collaborative is a multidisciplinary group, comprised of the following lead organizations, and guided by a Community Advisory Board: Children's Law Center, Children's National Health System, DC Chapter of the American Academy of Pediatrics, DC Department of Behavioral Health, DC Department of Health, DC Department of Health Care Finance, and Georgetown University.

As part of our work, we have compiled the following **mental health resource guide for use by pediatric primary care providers in the Washington, DC area**. If you have updates, questions or comments, please contact Penelope Theodorou at pthodoro2@childrensnational.org or Erica Smith-Grasse at esmithgras@childrensnational.org.



EARLY CHILDHOOD (0 – 5yrs)

This section contains resources for treating children in early childhood, generally 0-5, and includes therapists, psychiatrists, home visiting programs, developmental delay resources, school-based resources, and developmental playgroups.

EVALUATION, THERAPY AND MEDICATION MANAGEMENT SERVICES FOR CHILDREN ≤ 5			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>Alvord, Baker & Associates LLC</p> <p>3200 Tower Oaks Blvd. Suite 200 Rockville, MD 20852</p> <p>8401 Connecticut Ave, Suite 1120 Chevy Chase, MD 20815 301-593-6554</p> <p>http://www.alvordbaker.com/</p>	<ul style="list-style-type: none"> Provides individual and family therapy including cognitive-behavioral therapy. Also has groups for kids in grades K-12 called the Resilience Builder Program. <p>Language: Unable to verify</p>	0-100	<ul style="list-style-type: none"> Insurance: None accepted. Referral: No referral necessary Availability: Call number and ext. 23 for intake process
<p>API Associates</p> <p>7826 Eastern Avenue NW Suite 201 WDC 20012 Bus: S2, S9, 70, 79</p> <p>P: 202-291-0912 www.apiassociatesinc.com</p>	<ul style="list-style-type: none"> Provide diagnostic assessments, including psychological and psycho-educational evaluations, and counseling services for children and families, including individual, play and family therapy for conditions including anxiety, depression, conduct difficulties, trauma, ADHD. Provides home and office-based services. The organization has specific experience evaluating the needs of children with developmental disabilities and special education needs. <p>Languages: English</p>	3+	<ul style="list-style-type: none"> Insurance: AmeriHealth, DC FFS Medicaid, HSCSN, Trusted. Referral: Call 202-291-0912 or submit online referral form. Availability: Unable to verify.
<p>April May Company</p> <p>1224 M St. Ste 200 SE Washington, Dc 20005 Bus: V1, V4, V5, 90, 92, A9, P6</p>	<ul style="list-style-type: none"> AprilMay Company, Inc. (AMCI) provides a full spectrum of behavioral health care specific to the prevention, health promotion, early intervention and treatment of individuals suffering from mental health disturbances and intellectual disabilities. We 	0-17; treat up to 21 if they have a special need	<ul style="list-style-type: none"> AmeriHealth, BlueCross BlueShield, HSCSN, Trusted, Magellan, Amerigroup No referral needed

EVALUATION, THERAPY AND MEDICATION MANAGEMENT SERVICES FOR CHILDREN ≤ 5			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>Metro: Green Line-Navy Yard</p> <p>P: 1-888-694-0333 202-706-7603</p> <p>https://www.amayinc.com/</p>	<p>specialize in innovative pediatric evidence-based behavioral health services to support the treatment of developmental, emotional and behavioral problems of children and families.</p> <p>Language: English. Interpreters for AmeriHealth insured families</p>		<ul style="list-style-type: none"> ▪ No waitlist
<p>Behavioral and Educational Solutions</p> <p>8609 2nd Avenue, Suite 404B Silver Spring, MD 20910 Bus: 1, 5, 11, 28 (+ buses that stop at Silver Spring/ Paul S. Sarbanes Transit Center) Metro: Silver Spring- red line</p> <p>P: 240-398-3514</p> <p>http://besdc.com/</p>	<ul style="list-style-type: none"> • The allied health team that will provide support, resources, solutions, respite, and education to Metro DC families so parents and children can increase engaged quality time together. All services are provided in English and Spanish, and can be delivered in the office, home, or school depending on the individual needs of the case. Services include ABA, behavioral therapy, perinatal mental health counseling, and psychological testing. <p>Language: English and Spanish</p>	0-100	<ul style="list-style-type: none"> ▪ MD Medicaid, DC MCOs, Carefirst FEP, BCBS (PPO only) ▪ Referral: Not required ▪ Availability: 1 month waitlist for intake but services start immediately (depends on age and insurance type).
<p>Boys Town USA</p> <p>4801 Sargent Rd. NE Washington, DC 20017 Bus: E2, 80, F6, R4 Metro: New Carrollton P: 202-650-6361</p> <p>8181 Professional Place Suite #150 Hyattsville, MD 20785 P: 202-650-6361</p> <p>https://www.boystown.org/locations/washington-dc/Pages/default.aspx</p>	<ul style="list-style-type: none"> • Individual and family Therapy, psychological evaluations; specializes in obesity, bedtime issues <p>Language: English only</p>	0-22	<ul style="list-style-type: none"> ▪ Insurance: DC Medicaid MCOs (not Amerigroup); commercial insurance (Tricare, Carefirst, BCBS, Cigna), and single-case agreement with Aetna, which sometimes they don't approve ▪ referral: Not required ▪ Availability: Intake available within 1 week. Therapy begins immediately after. Open M-F 9am-5pm only.
The Capital Region Children's Center	<ul style="list-style-type: none"> • Provides individual, family and group therapy, 	3+	<ul style="list-style-type: none"> ▪ Insurance: No private insurance

EVALUATION, THERAPY AND MEDICATION MANAGEMENT SERVICES FOR CHILDREN ≤ 5			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>Home Based Care</p> <p>P: 202-596-5951 www.dccrcc.com</p>	<p>academic tutoring, art therapy, intensive clinical mentoring (CBI), organizational coaching, respite, and supervised visitation, wrap around services, family services.</p> <p>Languages: English, Spanish</p>		<p>accepted; HSCSN only.</p> <ul style="list-style-type: none"> ▪ Referral: Can be accessed online. ▪ Availability: Depends on family needs. Immediate intake, then someone staffed within two weeks.
<p>Center for Child Protection and Family Support</p> <p>714 G Street SE WDC 20003 Eastern Market – Blue/Orange/Silver Bus: 90, 92, 93, DCN22</p> <p>P: 202-544-3144 www.centerchildprotection.org</p>	<ul style="list-style-type: none"> • Provides parent education, school-based programs, therapeutic services and professional training. Services include play therapy, group therapy, and parent support for children and youth ages 4-17 that are victims or have been witness to abuse or domestic violence. <p>Languages: Unable to verify.</p>	4-17 years	<ul style="list-style-type: none"> ▪ Insurance: Unable to verify. ▪ Referral: Unable to verify. ▪ Availability: Unable to verify.
<p>Children’s National Health System - Child Development Clinic</p> <p>111 Michigan Avenue NW WDC 20010 Shuttles from Union Station, Brookland and Columbia Heights Bus: 80, D8, H1, H2, H3, H4</p> <p>P: 202-476-5405 http://childrensnational.org/departmentsandprograms/default.aspx?Type=Program&Id=6180&Name=Child%20Development%20Program</p>	<ul style="list-style-type: none"> • Evaluates children from birth to 4 years of age with developmental concerns. Services include comprehensive developmental evaluations assessing cognitive, language, motor, adaptive, attention/self-regulation & social/emotional functioning in infants, toddlers, and preschool-aged children (including consultation regarding treatment-planning). Autism evaluations (including the ADOS); Initial diagnosis & biannual follow-up. NICU follow-up (prematurity, birth complications, etc.). Children with complex medical histories or at risk for delays. Developmental delay; Children who are not meeting milestones. <p>Languages: English, Spanish. Bilingual evaluations</p>	0-4	<ul style="list-style-type: none"> ▪ Insurance: HSCSN, Amerigroup, Trusted, FFS, VA InTotal, Anthem Health Keepers, MD Medicaid, MD Amerigroup. All private insurance except Cigna and Blue Choice. ▪ Referral: Please refer to Child Development Program at 202-476-5405 (direct line, answered by Michelle Gill). She will plan for phone intake and then schedule appointment ▪ Availability: 2-3 months.

EVALUATION, THERAPY AND MEDICATION MANAGEMENT SERVICES FOR CHILDREN ≤ 5			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
	(Spanish).		
<p>Children’s National Health System – Psychiatry/Psychology and Behavioral Sciences/Health</p> <p>111 Michigan Avenue NW WDC 20010 Shuttles from Union Station, Brookland and Columbia Heights Bus: H1, H2, H3, H4</p> <p>P: 202-476-5980 http://childrensnational.org/departments/psychiatry-and-behavioral-sciences</p>	<ul style="list-style-type: none"> Offers assessment, diagnosis, and care for children and teens with behavioral, emotional, and developmental disorders. Specialty clinics/programs include: Anxiety; Attention Deficit and Hyperactivity Disorders Clinic; Bullying Related Health Risks; Gender and Sexuality Psychosocial Programs; Infant and Toddler Mental Health Program (ITP); Mood Disorders Clinic; Neurobehavioral Program. <p>Languages: Access to multiple languages through interpreter service.</p>	Infants – 17	<ul style="list-style-type: none"> Insurance: Aetna, BlueCross BlueShield, DC FFS Medicaid (only MDs), AmeriHealth, HSCSN, Trusted, Tricare, United, MD Medicaid – ValueOptions, VA Medicaid MCOs (not straight VA Medicaid). Referral: No referral necessary. Family should call intake coordinator, who will mail packet to family, which they must complete and mail or fax back. Coordinator will call to confirm receipt, and follow up call will be made after info reviewed to schedule appointment. Availability: Typically 4-6 months.
<p>Children’s National Health System – The Freddie Mac Child and Adolescent Protection Center (CAPC)</p> <p>111 Michigan Avenue NW WDC 20010 Shuttles from Union Station, Brookland and Columbia Heights Bus: H1, H2, H3, H4, 80, D8</p> <p>P: 202-476-4100 http://childrensnational.org/departments/c</p>	<ul style="list-style-type: none"> Located within the Children’s National Health System, the CAPC offers advocacy for victims and families; Psychological testing; Juvenile offender counseling services; Educational, psychological, developmental, and parent-child relationship assessments; Individual and family therapy for victimized children; Parenting education/therapy classes; Case management; Referral services for victims and their families. <p>Languages: English only</p>	4-22	<ul style="list-style-type: none"> Insurance: AmeriHealth, HSCSN, Aetna, Trusted, Anthem Blue Cross Blue Shield of VA, Beech Street (includes Viant), CareFirst Blue Cross Blue Shield, Choicecare (Humana), Cigna Healthcare of the Mid Atlantic (includes Great West Healthcare), Coventry Health Care of VA, Coventry National PPO, First Health (owned by Coventry), GMC Healthcare, InforMed

EVALUATION, THERAPY AND MEDICATION MANAGEMENT SERVICES FOR CHILDREN ≤ 5			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
child-and-adolescent-protection			<p>(owned by Conifer Health Solutions), Kaiser Permanente, Multiplan/Private Healthcare Systems (PHCS), United Healthcare (all except Medicare)</p> <ul style="list-style-type: none"> ▪ DC FFS Medicaid not accepted for mental health services. ▪ Referral: Dependent upon insurance provider requirements. ▪ Call # directly to schedule. ▪ Availability: Dependent upon individual therapist and treatment services.
<p>College Park Youth and Family Services</p> <p>4912 Nantucket Rd. College Park, MD 20740 Bus: 83, G2, C12</p> <p>301-474-1210</p>	<ul style="list-style-type: none"> • Offers Individual and family counseling; child-centered play therapy, group counseling for children; substance abuse assessment and referral; suicide prevention and crisis intervention 	1-100	<ul style="list-style-type: none"> ▪ No insurance accepted. Sliding scale (\$2-\$40) for services ▪ 1-2 month wait
<p>Community Counseling & Mentoring Services, Inc.</p> <p>1300 Mercantile Lane, Suite 208 Largo, MD 20774 Bus: C29, C22, C21, 21, 28 Metro: Largo Town Center (Blue/Silver)</p> <p>P: 301-583-0001</p>	<ul style="list-style-type: none"> • Outpatient clinic offers psychiatry and therapy services, including CBT, Psychodynamic Therapy, Family Systems Therapy, and DBT. School-based program for students currently with an IEP in PG County Public School and 3-5 month home-based Multisystemic Therapy (MST) program for kids 12-17. <p>Language: English</p>	3-80	<ul style="list-style-type: none"> ▪ Insurance: MD Medicaid or self-pay ▪ Referral: Available online or families can call main number for intake. ▪ Availability: Currently experiencing high volume. Wait

EVALUATION, THERAPY AND MEDICATION MANAGEMENT SERVICES FOR CHILDREN ≤ 5			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
https://www.ccsmsh.com/			for services depend on availability of therapist and time of day available, but could be few months wait.
<p>Crawford Consulting & Mental Health Services (2 Locations)</p> <p>1. 2412 Minnesota Avenue SE Suite 303 WDC 20020 Bus: 30N, 30S, 32, 34, 36, 39, B2, K11, M6, V7, A11, J13, K11, V2, V8, V9</p> <p>P: 202-688-3580 www.crawfordconsulting.org</p> <p>2. 6490 Landover Road Hyattsville, MD 20785 Bus: F13, A12, T18</p> <p>P: 301-341-5111 www.crawfordconsulting.org</p>	<ul style="list-style-type: none"> Offers clinical services including individual, family, group, and relationship/marriage counseling. They also provide psychological services, psychiatric services, individual and group substance abuse treatment, grief therapy, insight oriented therapy, play therapy, NTU psychotherapy, child and adolescent group therapy, and adult groups therapy. <p>Languages: Spanish-speaking doctor available for medication management - in MD office they have Spanish speaking clinicians.</p>	5+ (children must be accompanied by an adult)	<ul style="list-style-type: none"> Insurance: DC and MD Medicaid, HSCSN, AmeriHealth, Trusted. PAC, APS UHC. Sliding scale fee available. Referral: No referral needed Availability: Appointment for new patients should be made about one week after intake. Call for specific wait times.
<p>Creative Ways Therapy</p> <p>7412 Georgia Ave #4 WDC 20012 Bus: 70 Takoma or Pentworth - Silver</p> <p>P: 202-670-5947 (English) Donna P: 202-413-7837 (Spanish) Teresa http://creativewaystherapy.com/</p>	<ul style="list-style-type: none"> Bilingual mental health practice serving a diverse community of children, teens, adults, and families. Their team of licensed therapists specializes in trauma recovery, life transitions, and the dynamics of immigration and bi-culturalism. Play therapy and expressive therapy offered for children. <p>Languages: All therapy services offered in Spanish.</p>	All ages	<ul style="list-style-type: none"> Insurance: AmeriHealth, Amerigroup, HSCSN, some BCBS plans. Offer sliding scale fee for qualifying families. Referral: No referral needed, unless required by insurance provider. Availability: Few weeks wait for

EVALUATION, THERAPY AND MEDICATION MANAGEMENT SERVICES FOR CHILDREN ≤ 5			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>DC Department of Behavioral Health Parent Infant Early Childhood Enhancement Program (PIECE) and Child Psychiatric Practice Group</p> <p>821 Howard Road SE WDC 20020 Anacostia – Green Line Bus: P18, W14, B2, W2, W4, 90, 94, A42, A46, A48, P6, A2, A7, A8, A4, W5, W6, W8, W2, W3, A9, Circulator</p> <p>P: 202-698-1838</p>	<ul style="list-style-type: none"> The Parent Infant Early Childhood Enhancement Program (PIECE) has two components: 1) Early Intervention provides screening, assessment, individual, family, and art therapy, Parent Child Interaction Therapy (PCIT) and Child Parent Psychotherapy for Family Violence; and 2) Healthy Start works with moms with depression/other mental health issues who have child birth-3 years. Includes psycho-educational parenting group, and home visits if mother is too ill for office-based services. They Psychiatric group does not offer ongoing services. Urgent cases can be arranged for the same week if scheduled for diagnostic assessment at a CSA and if the child hasn't been seen yet. <p>Languages: Can utilize interpreter service if necessary.</p>	<p>PIECE: 3 – 6 Healthy Start: Mother and child 0-3</p> <p>PPG: 4-18</p>	<p>services.</p> <ul style="list-style-type: none"> Insurance: Accepts all DC Medicaid MCOs and DC FFS Medicaid. Serves all individuals regardless of ability to pay. Referral: Referral from physician not necessary, but helpful. Referral form obtained by calling 202-698-1838. Availability: A few months wait, including psychiatrists. Trauma therapy only available up to 6 years old.
<p>District Heights Family & Youth Services Center</p> <p>2000 Marbury Drive District Heights, MD 20747 Bus: 24, V14</p> <p>P: 301-336-7600 http://www.districtheights.org/residents/youth-services-bureau/</p>	<ul style="list-style-type: none"> The programs currently in place Mental/Behavioral Health counseling for ages 2-18; Substance Abuse Assessments for youth suspected of drug and/or alcohol abuse in school; Your Life Matters workshops for ages 13-24. <p>Language: English and Spanish</p>	<p>2-18</p>	<ul style="list-style-type: none"> Insurance: Sliding scale Referral: None Availability
<p>Jacinta Coleman, MSW, LICSW</p> <p>1405 42nd St SE WDC 20020</p>	<ul style="list-style-type: none"> Play therapy for very young children including those whose verbal skills are not fully developed. Engages in corrective play actions with dolls, uses art materials, etc. 	<p>0-10</p>	<ul style="list-style-type: none"> Insurance: AmeriHealth, Aetna, Carefirst, Federal Blue Cross/Blue Shield, United Health Care/United Behavioral Health

EVALUATION, THERAPY AND MEDICATION MANAGEMENT SERVICES FOR CHILDREN ≤ 5			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
Bus: F14, M6, W4 P: 202-529-1572	Languages: Unable to verify.		and Crime Victims Compensation Program. <ul style="list-style-type: none"> Referral: No referral necessary. Availability: Unable to verify.
Foundations for Community (First Home Care) 1012 14th Street NW, Suite 1000 WDC 20005 McPherson Square – Blue/Orange/Silver Bus: 80, D1, D3, D6, 52, 53, 54 P: 202-737-2554 http://www.firsthomecare.com/	<ul style="list-style-type: none"> A CSA that provides services to children and youth with serious emotional disturbances and persons with serious mental illness. Services include diagnostic assessments, medication/somatic treatment, individual, family and group counseling, community support, which includes skills training (anger management, coping skills, study skills, stress management, etc.). Provide Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), Transition to Independence Process (TIP). Parent Child Interaction Therapy (PCIT), and Parent Child Psychotherapy (CPP). Languages: English only.	0-6 (PCIT and CPP) 5-21	<ul style="list-style-type: none"> Insurance: HSCSN, AmeriHealth, Trusted, Amerigroup, FFS Referral: Call Access Helpline at 1-888-793-4357. For SEED services, contact agency directly. Availability: Call Access Helpline.
Fresh Start Therapy 1140 3rd St NE Washington, DC 20002 Bus: 220, 240, 260, D4 Metro: NoMa Gallaudet U New York Ave-red 855-325-3909 https://www.afreshstarttherapy.com/	<ul style="list-style-type: none"> Services include cognitive behavioral therapy, mindfulness-based cognitive behavioral therapy, motivational and life coaching, play therapy, and trauma therapy. Behavioral therapy for children includes mental health diagnosis, individualized MH therapy, anger management, ADHD, management of going through a divorce, school problems, and changing family dynamics. The young adult program offers therapy for college stress, finding a job, starting a business, and depression Language: English	5-100	<ul style="list-style-type: none"> Insurance: AmeriHealth, Aetna, Blue Cross Blue Shield, Amerigroup. See website for full fee schedule for out-of-pocket services. Referrals: Request an apt online (https://astart.mytherabook.com/appointments/new) or call 855-325-3909 to schedule or refer over the phone. Availability: 7-10 day waitlist. After intake appointment,

EVALUATION, THERAPY AND MEDICATION MANAGEMENT SERVICES FOR CHILDREN ≤ 5			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
			evening and Saturday hours can be arranged.
<p>George Washington University - The Metzler Psychological Services Center</p> <p>2125 G Street NW #101K WDC 20052 (Located on the first floor of the Psychology Building at GWU) Foggy Bottom – Orange/Blue/Silver Bus: 31, 32, 36, 80, H1, L1, N3, X1</p> <p>P: 202-994-9072 http://meltzercenter.wordpress.com/</p>	<ul style="list-style-type: none"> Assessment services to children and adolescents (intellectual, psycho-educational, or comprehensive assessments). Therapy services offered to individuals, family, and groups for children, adolescents, and adults. NOTE: The Meltzer Center is housed in the Department of Psychology at the George Washington University and is a training center for the Clinical Psychology Program. The clinicians are advanced students in the doctoral training program, and are supervised by adjunct and full-time members of the clinical psychology faculty, all of whom are licensed clinical psychologists. <p>Languages: English only.</p>	Pre K and up	<ul style="list-style-type: none"> Insurance: Does not accept insurance. Fees are due at time of service by cash or check only. Fees are set based on a sliding scale, and payment plans are available if necessary. Must bring proof of income or student status to first appointment to confirm fees set on the sliding scale. Referral: No referral needed. Availability: Wait list.
<p>Greenbelt CARES</p> <p>25 Crescent Road Greenbelt, MD 20770</p> <p>P: 301-345-6660 http://www.greenbeltmd.gov/index.aspx?nid=138</p>	<ul style="list-style-type: none"> Services include free family and individual counseling to PG County residents. PCIT (parent-child interaction therapy). <p>Languages: English, Spanish.</p>	3+	<ul style="list-style-type: none"> Free for residents of PG County. Referral: No referral required. Availability: PCIT daytime appointments available immediately. Call for schedule of other services.
<p>Help Me Grow</p> <p>1-800-666-2229</p>	<ul style="list-style-type: none"> Help Me Grow DC is care coordination for children (ages 0-5) and pregnant women in DC. Help me grow DC connects families to the developmental and behavioral resources needed to give all children their best start. Referrals include Developmental Screening; General Development; Speech/Language; 	0-5	<ul style="list-style-type: none"> Free for DC Residents Call 1-800-666-2229 care coordinator will connect family to services

EVALUATION, THERAPY AND MEDICATION MANAGEMENT SERVICES FOR CHILDREN ≤ 5			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
	Behavioral concerns; Family issues; Basic needs; Communication; Parenting Education; and Health/Medical.		
<p>Hillcrest Children and Family Center</p> <p>915 Rhode Island Avenue NW WDC 20001 Shaw – Green/Yellow Lines Bus: G8, 63, 64</p> <p>P: 202-232-6100 http://www.hillcrest-dc.org/</p>	<ul style="list-style-type: none"> Provides individual, group, and family therapy, psychiatric evaluation, parenting education, anger and stress management services, a youth substance abuse treatment program (Turning Point), a youth substance abuse prevention program (Project Success), community support services, community-based interventions (levels II, III, and IV), a depression intervention program, and crisis intervention and emergency services. Children, adolescent, and teen services include community support, individual counseling, and medication management. Provide Trauma-Focused Cognitive Behavioral Therapy and Functional Family Therapy and Adolescent Community Reinforcement Approach (substance use evidence-based practice). ASTEPA provider . For Drug and alcohol treatment through ASTEPA call Hillcrest directly to arrange intake. <p>Languages: English only</p>	5+	<ul style="list-style-type: none"> Insurance: DC FFS Medicaid, Amerigroup, Trusted, AmeriHealth, HSCSN, ValueOptions; Insurance not required for Alcohol/substance use Referral: Walk-in appointments for intake: Mon/Wed 8:30am-12pm and Tues/Thurs 8:30am-4pm. Or call Access HelpLine for intake appointment at 1-888-793-4357. Availability: For CSA services, call Access HelpLine for wait time. 1st appointment is diagnostic and occurs within 1 week. 2nd appointment is evaluation, and then waits for services.
<p>HSC Pediatric Center for Developmental and Behavioral Clinic</p> <p>1731 Bunker Hill Road NE WDC 20017 Brookland/ CUA – Red Line Bus: HSC Shuttle Service available</p> <p>P: 202-635-5580</p>	<ul style="list-style-type: none"> Provides behavioral evaluations and evidenced-based behavioral therapy for children with concern for developmental delay and co-occurring behavioral and anxiety disorders; also provides Developmental and Diagnostic Evaluations, including concerns for autism spectrum disorders Treatment concerns: tantrums, noncompliance, aggression, self-injury, toileting issues, and parent training needs. HSC Pediatric Center also provides: physical therapy, 	0-6	<p>Insurance: Most commercial plans, HSCSN, Amerigroup, Trusted, MD Medicaid, Tricare, Aetna, BCBA. (We do not accept Cigna and VA Medicaid).</p> <ul style="list-style-type: none"> Financial support plans are available for families with non-paying insurance. Only accept HSCSN and BCBS

EVALUATION, THERAPY AND MEDICATION MANAGEMENT SERVICES FOR CHILDREN ≤ 5			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
http://www.hschealth.org	<p>speech and language therapy, occupational therapy, assistive technology evaluations, and ABA therapy.</p> <p>Language: English</p>		<p>for ABA services.</p> <ul style="list-style-type: none"> ▪ Referral: PCPs can make referrals by faxing a document including PCP name/ contact information/ signature, along with patient name/DOB/guardian name and number/diagnosis, Attn: Robin to 202-635-6108. Families Call (202) 635-5585 and request the Psychology Department. Ms. Robin will be able to work with you to complete the forms required for your insurance and get all of the needed documents from your Primary Doctor. ▪ Availability: Developmental and Autism Evaluations: ~ 2 months. Outpatient behavioral therapy provided by a clinical psychologist: ~ 6 months. ABA wait depends on hours/week needed
<p>Inner City Family Services</p> <p>2313 Martin Luther King Jr. Avenue SE WDC 20020 Anacostia – Green Line Bus: 90, A42, A46, A48, B2, P6, U2, W2, W3, W8, 93</p>	<ul style="list-style-type: none"> • Provides individual counseling, family counseling and training, community support, crisis intervention, diagnostic assessments, psychological evaluation, behavioral aid, community transition and medical management. <p>Languages: English only.</p>	4+	<ul style="list-style-type: none"> ▪ Insurance: DC FFS Medicaid, AmeriHealth, Trusted, Amerigroup ▪ Referral: Recommended from primary care provider or other source but not required. Call Access HelpLine at 1-888-793-

EVALUATION, THERAPY AND MEDICATION MANAGEMENT SERVICES FOR CHILDREN ≤ 5			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
P: 202-525-4855 http://www.innercityfamilyservices.com/			4357. <ul style="list-style-type: none"> Availability: Call Access HelpLine. In-home and Saturday therapy appointments available.
Interdynamics, Inc. 4601 Forbes Blvd, Suite 100 Lanham, MD 20706 Bus: F13 301-306-4590	<ul style="list-style-type: none"> Interdynamics is designed to assist individuals, children, families and groups with social, emotional, educational, developmental and trauma related needs that impact or delay growth potential and daily functioning. Will see patients with autism and developmental delays Languages: English and Spanish (therapy)only	1-99	<ul style="list-style-type: none"> Private Insurance (Carefirst including HMO, Aetna, Magellan, Tricare, Cigna, Kaiser), HSCSN, MD Medicaid Therapy appointments in 1-2 weeks. Must have therapy sessions before starting psychiatry.
Jewish Social Service Agency 200 Wood Hill Road Rockville, MD 20850 There is no Metro station within walking distance. Ride On buses can be boarded from the Shady Grove, Rockville, or Twinbrook Metro stations. P: 301-881-3700 http://www.jssa.org/	<ul style="list-style-type: none"> Provides psychological, psychiatric, educational and neuropsychological evaluations, care coordination, individual, couple, family, sibling and group counseling, social skills therapy groups, medication management, parenting and family support groups and training and services for children and adolescents with disabilities. Specific center for Autism Spectrum Disorders. Languages: English only.	2 yrs-young adult	<ul style="list-style-type: none"> Insurance: Aetna, BlueCross BlueShield, Cigna, MAMSI/MDIPA/Optimum Choice, Medicare, Medicaid (Maryland only), Tricare, United Behavioral Health, United HealthCare Referral: No referral necessary Availability: Generally within one month; sometimes sooner dependent on client availability.
Mary's Center 3912 Georgia Avenue NW WDC 20011 (Psychiatry) Georgia/Petworth – Green/Yellow Lines Bus: 60, 62, 63, 64, 70, 79, H8	<ul style="list-style-type: none"> Provides psychiatric and therapeutic services, including Parent Child Interaction Therapy (PCIT) and Child Parent Psychotherapy (CPP) for children. Will conduct psychiatric assessments and medication management for children under 5. Languages: English, Spanish.	Therapy 2+ Psychiatry 3+	<ul style="list-style-type: none"> Insurance: DC and MD Medicaid, Trusted, HSCSN, AmeriHealth, Aetna, Blue Cross Blue Shield, Cigna, Tricare. Discount services available for uninsured-- sliding scale base on income (Initial

EVALUATION, THERAPY AND MEDICATION MANAGEMENT SERVICES FOR CHILDREN ≤ 5			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>100 Gallatin Street NE WDC 20011 Fort Totten – Green/ Yellow/ Red Lines Bus: 60, K6, E4, R1, K9, 64, K2, R2, E2</p> <p>2333 Ontario Road NW WDC 20010 Bus: 90, 93, 96, X3, S1, S2, S4, S9</p> <p>8709 Flower Avenue Silver Spring, MD 20901 Bus: 12, 13, 14, 15, 16, 19, 20, 24, J4</p> <p>8908 Riggs Road Adelphi, MD 20783 Bus: R1, R2, C8</p> <p>P: 202-846-8053 https://www.maryscenter.org/BehavioralHealthOverview</p>			<p>appointment is \$24-\$145, mental health from \$10-\$65 per session)</p> <ul style="list-style-type: none"> ▪ Referral: PCIT referral from primary Care helpful. Call mental health #: 202-420-7122, or call Access HelpLine at 1-888-793-4357. ▪ Appointment Line: 1-844-796-2797 24/7 ▪ Availability: Availability depends on site. Call Friday mornings for next week's schedule. With referral, patients under 5 and parents under 25 can get into PCIT program within 1 week.
<p>Maryland (MD) Family Resource</p> <p>903 Brightseat Rd Landover, MD 20785 Bus from Largo Metro-Blue/Silver Line</p> <p>P: 301-333-2980 http://www.mfrinonline.com/</p>	<ul style="list-style-type: none"> • Core Service Agency that provides four core services of diagnostic and assessment services; community support services; counseling services; community-based intervention and medication and somatic treatments. This agency provides on-site and off-site services. Provide Trauma-Focused CBT and CBI levels II & III. <p>Languages: English only.</p>	5+	<ul style="list-style-type: none"> ▪ Insurance: DC FFS Medicaid and all MD Medicaid, no DC Medicaid MCOs. ▪ Referral: DC residents, call Access HelpLine at 1-888-793-4357. MD residents, call main office number, Or 301-333-2980, ext. 115 --Anthony Pinkney, intake coordinator

EVALUATION, THERAPY AND MEDICATION MANAGEMENT SERVICES FOR CHILDREN ≤ 5			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
			<ul style="list-style-type: none"> Availability: Intake appointments within one week. Second appointment psychiatry, then therapy services begins 2-3 week later.
<p>MBI Health Services</p> <p>2041 Martin Luther King Jr. Avenue SE WDC 20020 Anacostia – Green Line Bus: 90, 93, A9, A42, A46, A48, B2, P6, U2 P: 202-547-8450 *Site for kids 5-17 yo</p> <p>4017 Minnesota Ave NE WDC, 20019 Minnesota Ave- Orange/Silver Line Bus: U2, U5, U6, V7, V8 P: 202-388-9202 *Site for 18 yo+</p> <p>http://www.mbihealthservices.com/general/index.php</p>	<ul style="list-style-type: none"> Provides four core services of diagnostic and assessment services; community support services; counseling services; High Fidelity Wraparound Services; Transition to Independence Process (TIP); and medication and somatic treatments. Has 2 child psychiatrists on staff. Specialty services available for LGBT youth. Appointments available after intake process. <p>Languages: English only.</p>	5+	<ul style="list-style-type: none"> Insurance: AmeriHealth, DC FFS Medicaid, HSCSN, Trusted, Amerigroup Referral: Walk-in intake appointment or call Access HelpLine at 1-888-793-4357. Availability: When open for intake, immediate availability. Walk-ins available from 9am – 2pm M-F. After intake there is a wait for services
<p>MedStar Georgetown University Hospital - H.O.Y.A. Clinic</p> <p>2nd floor, Pasquerilla Healthcare Center Georgetown University Hospital 3800 Reservoir Road NW WDC 20007 Bus: D1, D2, D6</p>	<ul style="list-style-type: none"> Provides individual and family therapy for children from birth to adolescence. Neuropsychological, social-emotional and learning disability evaluations are also offered. Approaches used include cognitive-behavioral therapy, collaborative problem-solving, dyadic therapy, and family therapy. <p>Languages: Unable to verify.</p>	0-18	<ul style="list-style-type: none"> Insurance: Fee-for-service clinic and insurance is not accepted. A down payment of approximately half the charges expected prior to rendering services. Referral: Unable to verify. Availability: Unable to verify.

EVALUATION, THERAPY AND MEDICATION MANAGEMENT SERVICES FOR CHILDREN ≤ 5			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
P: 202-687-7447 http://gucchd.georgetown.edu/67632.html			
MedStar Georgetown University Hospital - Psychiatry Department 2115 Wisconsin Avenue NW Suite 200 WDC 20007 Bus: 30N, 30S, 31, 33 P: 202-944-5400 https://www.medstarhealth.org/Pages/Services/Mental-Health/Psychiatry-at-MedStar-Georgetown-University-Hospital.aspx	<ul style="list-style-type: none"> Provides comprehensive outpatient evaluation and treatment for children and their families. The program offers individual psychotherapy, family therapy and medication treatments. Treat children who have mood disorders, anxiety disorders, post-traumatic stress disorder, attention-deficit/hyperactivity disorder, disruptive behavior disorders, and learning disorders, among others. Includes specialty clinic for Mood and Anxiety. Conduct psychiatric diagnostic evaluations for autism. <p>Languages: Spanish and interpreter service available.</p>	2-17	<ul style="list-style-type: none"> Insurance: Aetna, AmeriHealth, HCSN, (w/referral only), and most major commercial plans (not Tricare). Referral: No referral necessary Availability: Status of whether accepting new patients changes daily, and often not accepting new patients.
Montgomery County Child & Adolescent Mental Health Program 7300 Calhoun Pl., Suite 600 Rockville, MD 20855 Bus: 45,46,55,59,Q1, Q2 P: 240-777-1432 http://www.montgomerycountymd.gov/HH-S-Program/Program.aspx?id=BHCS/BHCSChildAdolMentalHealth-p471.html	<ul style="list-style-type: none"> Provides family-focused outpatient mental health services to children, adolescents, and their families to help address severe emotional, behavioral, substance abuse, and victimization issues. Services include mental health screening & assessment; diagnostic evaluation, family, individual and group psychotherapy; clinical case management; drug and alcohol assessment, and education; behavioral and medication management and follow up services; and outreach treatment and support services in the selected school sites for children and adolescents who are involved with Montgomery County Public Schools, ED (Emotionally Disabled) classrooms. <p>Language: English, Spanish</p>	5-18	<ul style="list-style-type: none"> Insurance: Sliding scale payment and MD Medicaid Referral: Not needed. Must be a resident of Montgomery County to receive services. Availability: Typically 4 week wait.
Paving The Way	<ul style="list-style-type: none"> Diagnostic/Assessment Medication Management 	4-21	<ul style="list-style-type: none"> DC FFS Medicaid, DC Medicare, AmeriHealth, Trusted

EVALUATION, THERAPY AND MEDICATION MANAGEMENT SERVICES FOR CHILDREN ≤ 5

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
2616 Martin Luther King Jr. Ave., SE WDC 20020 Green Line Bus: H4,70, 79, A2, A4, A6, A7,A8,A42, A46, A48 P: 202-724-7666 http://www.pavingthewaymsi.org/	<ul style="list-style-type: none"> • Individual Therapy • Family Therapy • Group Therapy • Complete Psychological Testing Languages: Unable to verify.		<ul style="list-style-type: none"> ▪ Referral: No referral needed. ▪ Availability: Intake appointments available within 1 week, psychiatry appointments about 1 month later. Call for next available appointment.
Psychological Group of Washington 1707 L Street Suite 220 NW WDC 20036 Farragut North – Red Link Bus: 42, 43, L2, N2, N4, N6 P: 202-223-9844 www.psychgroupdc.com	<ul style="list-style-type: none"> • Individual therapy for children, adolescents and seniors, family therapy, couples therapy, emotional testing, psychoeducational testing, group psychotherapy, education courses and training, and admissions testing. Languages: English only.	4+	<ul style="list-style-type: none"> ▪ Insurance: Blue Cross Blue Shield, United, Aetna, Cigna; Medicaid not accepted. Sliding scale available if requested. (unable to verify) ▪ Referral: No referral needed, unless required by insurance provider. ▪ Availability: unable to verify.
The Ross Center for Anxiety and Related Disorders 5225 Wisconsin Avenue NW Suite 400 WDC 20015 Friendship Heights-Red Line Bus: 30N, 30S, 31, 33, N2 P: 202-363-1010 http://www.rosscenterdc.com/	<ul style="list-style-type: none"> • Provides treatment by child and adolescent psychiatrists and psychologists. In addition to individual and group therapy, the Center offers family therapy and parenting skills training. Languages: English, French	4+	<ul style="list-style-type: none"> ▪ No insurance accepted. Self-pay rates: \$450 for intake, \$250/psychiatry session after intake ▪ Referral: Normally no Referrals are necessary. ▪ Availability: Approximately 1 month wait for intake. Psychiatry – 3 weeks wait. Therapy waitlist.
Ruthie Arbit Counseling	<ul style="list-style-type: none"> • Maternal and Pediatric Psychotherapy. Ruthie has certification in CBT and DIR/Floortime model and 	0-10, & adults	<ul style="list-style-type: none"> ▪ No insurance accepted. \$150-\$190/Session. Sliding Scale

EVALUATION, THERAPY AND MEDICATION MANAGEMENT SERVICES FOR CHILDREN ≤ 5

Organization	Services Provided	Ages Served	Insurance, Referral & Availability
5225 Connecticut Avenue, Suite 705 Washington, DC 20015 Bus: D31, D33, D34 P:240-863-2618 http://arbitcounseling.weebly.com/	uses a blended behavioral and emotionally-focused approach. Language: English, Spanish, Hebrew		available and limited number of home visits available. <ul style="list-style-type: none"> ▪ Call to schedule ▪ No waitlist
Safe Shores – The DC Children’s Advocacy Center 429 O Street NW WDC 20001 Shaw-Howard U Station- Green/ Yellow NoMa-Gallaudet U/New York Ave. – Red Bus: G2, 96, 70 P: 202-671-7233 (to report a concern about child abuse or neglect) 202-645-3200 (to set up an appointment) www.safeshores.org	<ul style="list-style-type: none"> • Services offered for child victims of physical/sexual abuse or witnesses of crime. Child therapists available to assess impact of abuse and provide treatment recommendations, which may include additional sessions with the therapist. Play, art, and other expressive therapy techniques used to create a safe and supportive environment. Additional services include long-term therapy, crisis intervention, and pretrial support. Languages: English only.	4-18	<ul style="list-style-type: none"> ▪ Insurance: No payment needed for services ▪ Referral: Must have been an investigation to receive services. An investigator, ongoing social worker, or hospital worker usually provides referral. ▪ Availability: Depends on urgency of the situation. Appointments can be made 7 days after referral
Smile Therapy 1629 K Street NW Suite 300 Washington, DC 20006 Bus: 715, 725, 810, 820, 830, 840 Metro: Farragut North (Red) Farragut West (Blue, silver, orange) 650 I St NE Washington, DC 20003 Bus: V1, V4, 90, 92,PS P: 240-324-6524	<ul style="list-style-type: none"> • Works with a wide range of emotional and behavioral issues providing services that span from behavior modification therapy, trauma informed care to parenting support, couples counseling and beyond. In a comfortable and supportive atmosphere, Offers a highly personalized approach tailored to each of my clients individual needs to help attain the personal growth they’re striving for. Provide therapy services in the office, home and community. We aim to eliminate all barriers to receiving services. Language: English	4+	<ul style="list-style-type: none"> ▪ Insurance: AmeriHealth, Trusted, Maryland Medicaid, Care First Blue Cross Blue Shield (PPO network), Cigna, Amerigroup ▪ Referrals: Referrals can be made online at: http://www.smiletherapyservices.com/MakeAReferralforTherapy.en.html or call: (240)324-6524 ▪ Availability: 1 week

EVALUATION, THERAPY AND MEDICATION MANAGEMENT SERVICES FOR CHILDREN ≤ 5			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
http://www.smiletherapyservices.com			
<p>Strong Start Developmental Playgroups</p> <p>Note pre-registration is REQUIRED</p> <p>For more information, or to register, please contact Jennifer Gee at Strong Start DC Early Intervention Program jennifer.gee@dc.gov or by calling 202.538.2153</p>	<ul style="list-style-type: none"> A team of Early Intervention professionals with extensive experience and understanding of infants and toddlers facilitate Strong Start Playgroups. Playgroup sessions include songs, stories, free play, and multisensory activities geared toward child's developmental level. Interactions between caregivers and children are an essential part of the program, and caregivers will be asked to remain for the duration of each group. 	6 mos - 3 yrs	<ul style="list-style-type: none"> Free to all DC residents Registration is required. Contact Jennifer Gee at Strong Start DC Early Intervention Program jennifer.gee@dc.gov or by calling 202.538.2153
<p>Tausha G Watson, PysD</p> <p>8730 Georgia Avenue, Suite 212 Silver Spring, MD, 20910 Bus: 1, 5, 11, 28 (+ buses that stop at Silver Spring/ Paul S. Sarbanes Transit Center) Metro: Silver Spring – Red line</p> <p>301-273-7567</p>	<ul style="list-style-type: none"> Play therapy, trauma therapy, yoga, CBT, EMDR Language: English 	2+	<ul style="list-style-type: none"> Insurance: MD Medicaid, Carefirst, UHC, Tricare, Cigna Referral: Not necessary. Availability: Appointments available within 1 week. Sees Clients until 7pm and has Saturday hours.
<p>Wendt Center for Loss and Healing</p> <p>4201 Connecticut Avenue NW Suite 300 WDC 20008 Van Ness/UDC – Red Line Bus: H2, L1, L2</p>	<ul style="list-style-type: none"> The Wendt Center offers counseling for dealing with grief and loss issues, support groups, children's services, crime victim services, professional training and community education, crisis response and Recovery: Support for Survivors of Sudden Traumatic Death. They also offer Camp Forget-Me-Not during the summer. 	3+	<ul style="list-style-type: none"> Insurance: Aetna, Blue Cross Blue Shield, DC FFS Medicaid, Trusted, AmeriHealth, HSCSN. Sliding scale available for qualifying individuals and families Referral: No referral needed,

EVALUATION, THERAPY AND MEDICATION MANAGEMENT SERVICES FOR CHILDREN ≤ 5			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
P: 202-624-0010 2041 MLK Jr. Ave SE Suite 234 WDC 20020 Green Line Bus: H2, H3, H4 www.wendtcenter.org	Languages: Spanish services offered for individual therapy.		unless required by insurance provider. <ul style="list-style-type: none"> ▪ Availability: Few months wait for individual therapy and some group therapy options. Families must call 202-624-0010 for intake packet and to get on waitlist. Sooner availability if open to daytime hours.

DEVELOPMENTAL DELAY			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>The following are many of the developmental delay resources available in DC, but is not intended to be a comprehensive list. For further information on developmental delay and children with special health care needs, please visit the https://ucedd.georgetown.edu/resources.php</p> <p>For evaluation and assessment, contact DC Strong Start (0-3) at 202-727-3665 and DC Early Stages (~3-6) at 202-698-8037.</p>			
<p>A Piece of Mind 713 17th Street SE WDC 20003 Potomac Ave – Blue, Orange, Silver Line Bus: 30S, 36, 96</p> <p>P: 202-549-0797 www.behavioristnextdoor.com/</p>	<ul style="list-style-type: none"> Ongoing behavioral coaching of families. Sleep coaching. Also provides parent education programs that give parents specific skills to identify, define, and alleviate problem behavior, etc. <p>Languages: English only.</p>	18 mo – 18yrs	<ul style="list-style-type: none"> Insurance: None accepted. Referral: No referral necessary. Availability: Only accepting new clients for sleep coaching at this time. Waitlist of about 1 year for ABA therapy. Once off the waitlist, everything moves quickly - usually within the next week services can begin.
<p>Behavioral and Educational Solutions</p> <p>8609 2nd Avenue, Suite 404B Silver Spring, MD 20910 Bus: 1, 5, 11, 28 (+ buses that stop at Silver Spring/ Paul S. Sarbanes Transit Center) Metro: Silver Spring- red line</p> <p>P: 240-398-3514 http://besdc.com/</p>	<ul style="list-style-type: none"> The allied health team that will provide support, resources, solutions, respite, and education to Metro DC families so parents and children can increase engaged quality time together. All services are provided in English and Spanish, and can be delivered in the office, home, or school depending on the individual needs of the case. Services include ABA, behavioral therapy, perinatal mental health counseling, and psychological testing. <p>Language: English and Spanish</p>	0-100	<ul style="list-style-type: none"> MD Medicaid, DC MCOs, Carefirst FEP, BCBS (PPO only) Referral: Not required Availability: 1 month waitlist for intake but services start immediately (depends on age and insurance type).
<p>Care Resources</p> <p>1026 Crowell Bridge Road Baltimore, MD 21286</p> <p>P: 410-583-1515</p>	<ul style="list-style-type: none"> Provides occupational therapy, physical therapy, speech-language pathology, and special instruction therapy services <p>Languages: English only.</p>	0-26	<ul style="list-style-type: none"> Insurance: BlueShield and BlueCross. Johns Hopkins employer health plan. AmeriHealth, HSCSN, Trusted, in the credentialing process with Amerigroup. No FSS.

DEVELOPMENTAL DELAY			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
www.careresourcesinc.com			<ul style="list-style-type: none"> Referral: No referral necessary. Availability: Appointments within 2 weeks.
<p>Center for Autism and Related Disorders (C.A.R.D.)</p> <p>114 E. 25th Street Baltimore, MD 21218 P: 1-855-345-CARD (2273)</p> <p>Shawnee Road Suite #208 Alexandria VA 22312 P: 703-750-0633 ext. 25</p> <p>http://dcwashington.centerforautism.com/</p>	<ul style="list-style-type: none"> Provides applied behavior analysis (ABA) in the treatment of autism, Asperger's syndrome, PDD-NOS, and other related disorders. <p>Languages: English. BCBA's are only English speaking but there are Spanish speaking technicians and therapists.</p>	1-17, 18+	<ul style="list-style-type: none"> Insurance: Blue Cross Blue Shield, United Health, and Medicaid Referral: Clients must enroll on website & create a patient profile with their insurance information, etc. Can also call 1-855-2273 (CARD) for a toll-free call Availability: Slowly taking new clients.
<p>Chatterbox PT LC</p> <p>231 44th Street NE WDC 20019 Benning Road – Blue/Silver Line</p> <p>P: 240-604-8559</p>	<ul style="list-style-type: none"> Provides home-based services (office is currently closed) for Articulation and language therapy; children with all developmental disabilities are accepted <p>Languages: English only.</p>	0-21	<ul style="list-style-type: none"> Insurance: Medicaid only (with referral) Referral: No referral necessary Availability: 1 week
<p>Chattering Children</p> <p>4880 MacArthur Boulevard NW WDC 20007 Bus: D6</p> <p>P: 202-333-1403</p>	<ul style="list-style-type: none"> Provides auditory-verbal therapy services to children of all ages. OT for children with hearing loss. <p>Languages: English, Spanish.</p>	0-18	<ul style="list-style-type: none"> Insurance: Medicaid, Aetna, BlueCross and BlueShield, Tricare Referrals: No referral necessary Availability: Appointments

DEVELOPMENTAL DELAY			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
http://www.chatteringchildren.org/ Children’s National Health System - Center for Autism Spectrum Disorders 15245 Shady Grove Road Suite 350 (South Building) Rockville, MD 20850 Rockville – Red Line and then Ride-On Bus 54 5028 Wisconsin Ave NW Suites 250 and 310 Washington, DC 20016 9440 Marlboro Pike Suite 210 Upper Marlboro, MD 20772 P: 301-765-5432 http://www.childrensnational.org/DepartmentsandPrograms/default.aspx?Type=Program&Id=6092&Name=Autism%20Spectrum%20Disorders%20(CASD)	<ul style="list-style-type: none"> Provides evaluation and treatment of children from infancy to young adulthood who may have autism, Asperger syndrome, or other disorders of social development. Services include neuropsychological, developmental, and diagnostic evaluation; standalone and team-based evaluations including speech-language pathologists and psychiatry along with psychology; individual and group treatment; research; family support services. Languages: Translation services available.	15 months – 21 years	within 1 week. <ul style="list-style-type: none"> Insurance: Kaiser, GEHA, NCAS, Aetna, PHCS, NCPPO, Cigna, United Behavioral Health, MDIPA, Blue Cross Blue Shield, TRICARE. Virginia: Anthem HealthKeepers Plus and Intotal Health. Maryland: Value Options. DC: AmeriHealth and HSCSN Referral: Complete Intake (online or paper) and send to our department via email or fax with relevant and recent records. Email it to NeuroPsychAutism@childrensnational.org; Fax to 301-765-5470; or mail to 15245 Shady Grove Road, Suite 350, Rockville MD 20850. A scheduler will contact the family to schedule an appointment. Availability: 9 months for developmental evaluation. 18-24 months for neuropsychological evaluation. ~4 months for 0-3 diagnostic evaluation
Children’s National Health System- Child	<ul style="list-style-type: none"> Evaluates children from birth to 4 years of age with 	0-4	<ul style="list-style-type: none"> Insurance: HSCSN, Amerigroup,

DEVELOPMENTAL DELAY			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>Development Clinic</p> <p>111 Michigan Avenue NW WDC 20010 Shuttles from Union Station, Brookland and Columbia Heights Bus: 80, D8, H1, H2, H3, H4</p> <p>P: 202-476-5405 http://childrensnational.org/departmentsandprograms/default.aspx?Type=Program&Id=6180&Name=Child%20Development%20Program</p>	<p>developmental concerns. Services include comprehensive developmental evaluations assessing cognitive, language, motor, adaptive, attention/self-regulation & social/emotional functioning in infants, toddlers, and preschool-aged children (including consultation regarding treatment-planning). Autism evaluations (including the ADOS); Initial diagnosis & biannual follow-up. NICU follow-up (prematurity, birth complications, etc.). Children with complex medical histories or otherwise at risk for delays. Developmental delay; Children who are not meeting milestones. Bilingual evaluations (Spanish)</p> <p>Languages: English, Spanish. Access to multiple languages through interpreter service.</p>		<p>Trusted, FFS, VA InTotal, Anthem Health Keepers, MD Medicaid, MD Amerigroup. All private insurance except Cigna and Blue Choice.</p> <ul style="list-style-type: none"> ▪ Referral: Please refer to Child Development Program at 202-476-5405 (direct line, answered by Michelle Gill). She will plan for phone intake and then schedule appointment ▪ Availability: 2-3 months.
<p>Children's National Health System - Hearing and Speech Center</p> <p>111 Michigan Avenue NW WDC 20010 Shuttles from Union Station, Brookland and Columbia Heights Bus: 80, D8, H1, H2, H3, H4</p> <p>Services also available at some outpatient locations.</p> <p>P: 202-476-5600 http://childrensnational.org/departments/hearing-and-speech</p>	<ul style="list-style-type: none"> • Provide diagnostic, treatment, and group therapy services for children with audiology (hearing) and communication disorders. • Services include screenings for age-appropriate hearing, speech, and language milestones; hearing tests for newborns, infants and children; testing for hearing loss in babies; and evaluations of feeding/swallowing conditions. <p>Languages: Translator services are available and Bilingual Spanish/English language services are offered at Scottish Rite Center in DC.</p>	0-18	<ul style="list-style-type: none"> • Insurance: Most major commercial insurances and DC FFS Medicaid and MCOs. • Referral: If with Medicaid MCO, must go through PCP. • Availability: Approximately 4 month wait list.
<p>Children's National Health System- Physical Medicine and Rehabilitation</p>	<ul style="list-style-type: none"> • Provides diagnostic evaluations and comprehensive rehabilitation services for neurological conditions, 	0-22	<ul style="list-style-type: none"> • Insurance: Most major commercial providers and

DEVELOPMENTAL DELAY			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
111 Michigan Avenue NW WDC 20010 Shuttles from Union Station, Brookland and Columbia Heights Bus: 80, D8, H1, H2, H3, H4 P: 202-476-3094 http://www.childrensnational.org/DepartmentsandPrograms/default.aspx?Type=Dept&Id=384&Name=Pediatric%20Rehabilitation%20Medicine	traumatic injuries, and congenital physical disabilities. Languages: Access to multiple languages through interpreter service.		Amerigroup. <ul style="list-style-type: none"> Referral: Unable to verify. Availability: Unable to verify.
Clear Communication 3414 Hampton Hollow Drive #H Silver Spring, MD 20904 Bus: Z6, Z8, Z11, 39 P: 202-486-5339	<ul style="list-style-type: none"> Provides speech-language pathology therapy services as well as consultation for parents and tritherapy. Languages: English only.	0-3	<ul style="list-style-type: none"> Insurance: Does not accept Referrals: insurance. Family should call intake coordinator, who will mail packet to family, which they must complete and mail or fax back. Coordinator will call to confirm receipt, and follow up call will be made after info reviewed to schedule appointment Availability: Appointments within 24 hours.
Coastal Healthcare 3801 Connecticut Avenue NW Suite #100 WDC 20008 Cleveland Park – Red Line	<ul style="list-style-type: none"> Provides children with physical therapy, occupational therapy, and speech-language pathology services to infants and toddlers. Feeding therapy Evaluation for DC Start 	0-13	<ul style="list-style-type: none"> Insurance: AmeriHealth, Amerigroup, Trusted, HSCSN, NCO, BlueCross/BlueShield. Referrals: No referral necessary, but expected for frequent use of

DEVELOPMENTAL DELAY			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
P: 202-525-1641	Languages: Spanish		<p>services.</p> <ul style="list-style-type: none"> Availability: Appointments within 3 weeks.
<p>Cognitive Solutions</p> <p>1025 Thomas Jefferson St, Suite 420 East NW WDC 20007</p> <p>1400 Mercantile Ln #206 Upper Marlboro, MD 20774 (Friday apt only)</p> <p>P: 202-903-4763 http://parkerdesigngroup.com/Default.aspx?alias=parkerdesigngroup.com/bourn</p>	<ul style="list-style-type: none"> Comprehensive clinical practice that specializes in neurocognitive and psychological evaluation of adolescents, adults, and senior populations. Clinical practice specializes in providing culturally sensitive neurocognitive evaluations for ethnically diverse populations. This effort is led by Dr. Stephanie R. Johnson, a clinical Neuropsychologist who has substantial experience working with diverse clinical populations including Alzheimer's disease, Traumatic Brain Injury, and Stroke. Does not do ASD evaluations but can rule out or confirm a diagnosis. <p>Languages: English (Can accommodate translation services if they are brought in by the patient or third party)</p>	7+	<ul style="list-style-type: none"> Insurance: Aetna, AmeriHealth MCO, BCBS, Medicare, Tricare, Magellan. Referrals: Not required for AmeriHealth but for all other insurances it is necessary. Availability: 3 weeks for scheduling.
<p>Connections Therapy Center</p> <p>4461 Parliament Place Suit A Lanham, MD 20706 New Carrollton – Orange Line and then Ride-On Bus F13 P: 301-577-4333</p> <p>DC Location: 3849 Alabama Avenue SE WDC 20020 Congress Heights – Green Line and then Ride-On Bus W4</p>	<ul style="list-style-type: none"> Provides occupational therapy, physical therapy, speech-language pathology and special instruction treatment services, and reassessments for infants, toddlers, and their families. <p>Languages: English, Spanish, interpreter.</p>	0-18	<ul style="list-style-type: none"> Insurance: Accepts most insurance including Medicaid. Referral: Referral needed. Availability: Appointments depend on availability. Waitlist for certain services

DEVELOPMENTAL DELAY			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
P: 202-561-1110 www.thectcenter.com			
Early Stages Center – District of Columbia Public Schools Early Stages Center at Walker Jones Education Campus 1125 New Jersey Avenue, NW, 3 rd Floor WDC 20001 Mt. Vernon/ Convention Center – Green/Yellow Lines and Union Station - Red Line. Bus: 96, P6, X2 P: 202-698-8037 Early Stages Center at Minnesota Ave 4058 Minnesota Avenue NE WDC 20019 Minnesota Avenue - Orange Line Bus: U2, U4, U5, U6, U7, V8, X1, X2, X3, X9 http://www.earlystagesdc.org	<ul style="list-style-type: none"> Early Stages is a DC Public Schools diagnostic center for children between the ages of 2 years 8 months and 5 years 10 months. Early Stages helps identify any delays a child may have and arranges services to address them. Do not address behavioral problems. They can serve any child who goes to a DC public school, is home-schooled or has not yet entered the school system, and will also help connect parents with appropriate resources if a child attends a charter school. Language: Language services available.	2 years 8 months and 5 years 10 months	<ul style="list-style-type: none"> All services are free. Referral: Visit http://www.earlystagesdc.org/or-professionals/referrals or call 202-698-8037
HSC Pediatric Center for Developmental and Behavioral Clinic 1731 Bunker Hill Road NE WDC 20017 Brookland/ CUA – Red Line Bus: HSC Shuttle Service available	<ul style="list-style-type: none"> Provides behavioral evaluations and evidenced-based behavioral therapy for children with concern for developmental delay and co-occurring behavioral and anxiety disorders; also provides Developmental and Diagnostic Evaluations, including concerns for autism spectrum disorders Treatment concerns: tantrums, noncompliance, aggression, self-injury, 	0-6	<ul style="list-style-type: none"> Insurance: Most commercial plans, HSCSN, Amerigroup, Trusted, MD Medicaid, Tricare, Aetna, BCBA. (We do not accept Cigna and VA Medicaid). Financial support plans are available for families with non-

DEVELOPMENTAL DELAY			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>P: 202-635-5580</p> <p>http://www.hschealth.org</p>	<p>toileting issues, and parent training needs. HSC Pediatric Center also provides: physical therapy, speech and language therapy, occupational therapy, assistive technology evaluations, and ABA therapy.</p> <p>Language: English only.</p>		<p>paying insurance. Only HSCSN and BCBS for ABA services.</p> <ul style="list-style-type: none"> ▪ Referral: PCPs can make referrals by faxing a document including PCP name/ contact information/ signature, along with patient name/DOB/ guardian name and number/diagnosis, Attn: Robin to 202-635-6108. Families Call (202) 635-5585 and request the Psychology Department. Ms. Robin will be able to work with you to complete the forms required for your insurance and get all of the needed documents from your Primary Doctor. ▪ Availability: Developmental and Autism Evaluations: ~ 2 months. Outpatient behavioral therapy provided by a clinical psychologist: ~ 6 months. ABA wait depends on hours/week needed
<p>It Takes a Village</p> <p>4415 3rd Street NW WDC 20011 Brookland/CUA – Red line then Ride-On Bus</p>	<ul style="list-style-type: none"> • Provides physical therapy, speech, special instruction, and infant massage therapy services at the patient’s location. • Services are brought to child’s location. 	0-21	<ul style="list-style-type: none"> ▪ Insurance: HSCSN ▪ Referral: No referral needed but accepts from DC Early Intervention Program.

DEVELOPMENTAL DELAY			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
H8 or 64 P: 202-423-3939 yolandalusane8@msn.com	Languages: English only.		<ul style="list-style-type: none"> ▪ Availability: Availability depends on services needed. Call for wait times
Jewish Social Service Agency 200 Wood Hill Road Rockville, MD 20850 There is no Metro station within walking distance. Ride On buses can be boarded from the Shady Grove, Rockville, or Twinbrook Metro stations. P: 301-881-3700 http://www.jssa.org/	<ul style="list-style-type: none"> • Provides psychological, psychiatric, educational and neuropsychological evaluations, care coordination, individual, couple, family, sibling and group counseling, social skills therapy groups, medication management, parenting and family support groups and training and services for children and adolescents with disabilities. • Specific center for Autism Spectrum Disorders. Languages: English only.	2 yrs-young adult	<ul style="list-style-type: none"> ▪ Insurance: Aetna, BlueCross BlueShield, Cigna, MAMSI/MDIPA/Optimum Choice, Medicare, Medicaid (Maryland only), Tricare, United Behavioral Health, United HealthCare ▪ Referral: No referral necessary ▪ Availability: Generally within one month; sometimes sooner dependent on client availability.
Kennedy Krieger Institute Multiple locations in greater Baltimore area. P: 443-923-9400 http://www.kennedykrieger.org/	<ul style="list-style-type: none"> • Provides care related to disorders of the brain, spinal cord, and musculoskeletal system. Languages: Translation services available.	0+	<ul style="list-style-type: none"> • Insurance: DC FFS Medicaid, some MD Medicaid programs, and most major commercial insurance companies. • Referral: only if insurance requires it. • Availability: Dependent on clinic. Currently accepting new patients.
Mary's Center – Early Intervention Program 2333 Ontario Road NW	<ul style="list-style-type: none"> • Provides education, service coordination, advocacy, psychosocial support, home visits, and translation/interpretation services for parents of 	0-3	<ul style="list-style-type: none"> ▪ Services are free if eligible for Strong Start.

DEVELOPMENTAL DELAY			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>WDC 20010 Bus: 90, 93, 96, X3, S1, S2, S4, S9</p> <p>202-846-8053</p> <p>Rvillalta@maryscenter.org</p>	<p>children up to three years old with disabilities or developmental delays and who are eligible for D.C. Strong Start.</p> <p>Languages: English, Spanish.</p>		
<p>MedStar Georgetown University Hospital – Developmental Evaluation Clinic 4200 Wisconsin Avenue NW 4th Fl WDC 20016 Tenleytown – Red Line Bus: 30N, 30S, 31, 33, 96, H3, H4, X3</p> <p>P: 202-243-3557 http://gucchd.georgetown.edu/</p>	<ul style="list-style-type: none"> Two developmental pediatricians provide developmental evaluations and services. Multiple clinics see children 0-12 mos; 12-24 mos; 2-5 yrs; 5-8 yrs; and specialty clinic for adopted children. Team developmental clinic of ped, physical therapist and psychologist provide evals for 6 mos-2 yrs. <p>Languages: English.</p>	0-8,	<ul style="list-style-type: none"> Insurance: DC FFS Medicaid, AmeriHealth only for specialties not primary care, United, Anthem Health Keepers Plus and most major commercial insurances Referral: No referral necessary, though PCP calling directly speeds up process. Availability: 9 month waiting list.
<p>MedStar Georgetown University Hospital - Psychiatry Department</p> <p>2115 Wisconsin Avenue NW Suite 200 WDC 20007 Bus: 30N, 30S, 31, 33</p> <p>P: 202-944-5400 https://www.medstarhealth.org/Pages/Services/Mental-Health/Psychiatry-at-MedStar-Georgetown-University-Hospital.aspx</p>	<ul style="list-style-type: none"> Provides comprehensive outpatient evaluation and treatment for children and their families. The program offers individual psychotherapy, family therapy and medication treatments. Treat children who have mood disorders, anxiety disorders, post-traumatic stress disorder, attention-deficit/hyperactivity disorder, disruptive behavior disorders, and learning disorders, among others. Includes specialty clinic for Mood and Anxiety. Conduct psychiatric diagnostic evaluations for autism. 	2-17	<ul style="list-style-type: none"> Insurance: Aetna, AmeriHealth, HSCSN, (w/referral only), and most major commercial plans (not Tricare). Referral: No referral necessary Availability: Status of whether accepting new patients changes daily, and often not accepting new patients.

DEVELOPMENTAL DELAY			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
	Languages: Spanish and interpreter service available.		
<p>Mount Washington Pediatric Hospital</p> <p>1708 West Rogers Avenue Baltimore, MD 21209-4596</p> <p>P: 410-367-2222 http://www.mwph.org/services/behavioral-and-developmental-pediatrics.htm</p>	<ul style="list-style-type: none"> Offers broad range of psychological and psychiatric services. In-depth testing for autism spectrum disorders. <p>Language: English. Interpreter service available.</p>	0-17	<ul style="list-style-type: none"> Insurance: They accept all private plans except for United, Kaiser, and Cigna. No DC Medicaid but do take MD Medicaid. Referral: Unable to verify. Availability: Call regarding availability.
<p>National Speech and Language Therapy Center</p> <p>Bethesda Office: 5606 Shields Drive Bethesda, MD 20817 P: 301-493-0023 Bethesda – Red Line and then Ride-On Bus 70, J2, J3, or 30</p> <p>Capitol Hill Office 412 First Street SE WDC 20003 Farragut West – Blue, Orange, Silver Line P: 202-570-4185</p> <p>Germantown Office 13238 Executive Park Terrace Germantown, MD 20874 Shady Grove – Red Line and then Ride-On</p>	<ul style="list-style-type: none"> Helps children with speech and language disorders, as well as children found to be on the Autism spectrum. Offers diagnostic evaluations and treatment of speech and language disorders, as well as Applied Behavioral Analysis (ABA) therapy. <p>Languages: English, Spanish.</p>	0-21	<ul style="list-style-type: none"> Insurance: Commercial insurance (Carefirst and Aetna-- ABA only, Tricare, Kaiser), MD Medicaid, Trusted, Amerigroup, AmeriHealth, HSCSN health insurance. TriCare Referrals: No referral necessary Availability: Appointments depend on availability; must call.

DEVELOPMENTAL DELAY			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>Bus 100 P: 301-897-3245 www.nationalspeech.com</p>			
<p>Strong Start</p> <p>1371 Harvard St WDC 20009 Georgia Ave- Green/yellow line Bus: 80, D3, D4, X2, X9, 96</p> <p>P: 202-727-3665 http://osse.dc.gov/service/strong-start-dc-early-intervention-program-dc-eip</p>	<ul style="list-style-type: none"> Strong Start DC Early Intervention Program is a statewide, comprehensive, coordinated, multidisciplinary system that provides early intervention therapeutic and other services for infants and toddlers with disabilities and developmental delays and their families. The Strong Start DC Early Intervention Program serves as the single point of entry for infants and toddlers in Washington DC whose families have concerns about their development. <p>Language: English and Spanish</p>	0-3	<ul style="list-style-type: none"> Federal law requires that specific services be provided at public expense to children and families who are eligible. Referral: Call The DC EIP Child Find Hotline at (202) 727-3665 between the hours of 8:15 AM and 4:45 PM. Referrals can also be emailed to osse.dceip@dc.gov or faxed to (202) 724-7230. Link to referral forms (English and Spanish): http://osse.dc.gov/publication/start-dc-early-intervention-program-dc-eip-referral-form-0
<p>Strong Start Developmental Playgroups</p> <p>Note pre-registration is REQUIRED</p> <p>For more information, or to register, please contact Jennifer Gee at Strong Start DC Early Intervention Program jennifer.gee@dc.gov or by calling 202.538.2153</p>	<ul style="list-style-type: none"> A team of Early Intervention professionals with extensive experience and understanding of infants and toddlers facilitate Strong Start Playgroups. Playgroup sessions include songs, stories, free play, and multisensory activities geared toward child's developmental level. Interactions between caregivers and children are an essential part of the program, and caregivers will be asked to remain for the duration of each group. 	6 mos - 3 yrs	<ul style="list-style-type: none"> Free to all DC residents Registration is required. Contact Jennifer Gee at Strong Start DC Early Intervention Program jennifer.gee@dc.gov or by calling 202.538.2153. Playgroups held at locations throughout DC

DEVELOPMENTAL DELAY			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>The Autism and Communications Disorder Clinic (ACDC)</p> <p>2115 Wisconsin Avenue NW Washington, DC 20007 Bus: 30N, 30S, 31, 33</p> <p>P: 202-444-2722</p> <p>https://www.medstargeorgetown.org/our-services/rehabilitation/pediatric-rehabilitation-pmr/services/autism-and-communications-disorders-clinic/#form</p>	<ul style="list-style-type: none"> The Autism and Communications Disorder Clinic (ACDC) provides a comprehensive evaluation of the child by our team of pediatric specialists. The purpose of this clinic is to evaluate the whole child and identify areas of need and support. In order to provide the most thorough evaluation of the child, the evaluation is scheduled over the course of three to four separate visits. This allows each member of the team to fully evaluate the needs of your child. Once your child is seen by each specialist of the team, a parent conference is scheduled to discuss the results of the assessments, diagnostic impressions, and further recommendations. 	<p>Unable to verify</p>	<ul style="list-style-type: none"> Insurance: Most insurance plans are accepted. Complete the online intake form. Once the completed form has been submitted, a member of our team will contact you to review your child’s medical history, current symptoms and/or behaviors. The scheduler will review any information needed with you over the phone.
<p>University of the District of Columbia – Speech and Hearing Clinic</p> <p>University of the District of Columbia 4200 Connecticut Avenue NW Bldg. 41, Rm 306 WDC 20008 Van Ness/UDC – Red Line Bus: H2, L1, L2</p> <p>P: 202-274-6161 (Main); Intake coordinator: 202-274-6157</p> <p>http://www.udc.edu/cue/udc_speech_and_hearing_clinic</p>	<ul style="list-style-type: none"> Provide hearing screenings and comprehensive audiological and speech-language evaluations to support the identification of communication disorders. Provide intervention services that address all areas of communication including articulation/phonology, voice, and stuttering, oral and written language. Individual and group sessions are available for children. Services are a part of the clinical training for students in the Speech Pathology Master's program. Services are supervised by clinical faculty who are fully licensed and certified Speech-Language Pathologists and Audiologists. 	<p>Infants-adults</p>	<ul style="list-style-type: none"> Insurance: All services are free. Referral: No referral necessary. Availability: There is currently a waiting list; most individuals are seen within 2 months.

HOME VISITING			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<ul style="list-style-type: none"> ➤ For home visiting referrals for prenatal up to age 2 of the baby contact: Fernanda Ruiz at 202-420-7178 or Abayea Pelt at 202-302-6669. ➤ For home visiting referrals for ages 3 – 5 contact: Andrea Gallegos at 202-265-0149. 			
<p>Program specific information is also included below, and individual programs also can be contacted to facilitate referrals.</p>			
<p>DC Healthy Start</p> <p>Call 1 (800) MOM-BABY or 1 (800) 666-2229 for information on enrolling in Healthy Start.</p> <p>http://www.learndc.org/earlychildhood/resource/dc-healthy-start-program</p>	<ul style="list-style-type: none"> • Offers home visiting services from nurses and family support workers, as well as screenings and assessments, case management, and health and parenting education. Serves District of Columbia residents from Wards 5, 6, 7, and 8. Women who are pregnant or who have infants up to 3 months old can enroll, and can receive services until the child is 2 years old. 	<p>Women who are pregnant or who have infants up to 3 months old can enroll, and can receive services until the child is 2 years old.</p>	<ul style="list-style-type: none"> ▪ All services are free. ▪ Referral: Call 1 (800) MOM-BABY or 1 (800) 666-2229 for information on enrolling in Healthy Start.
<p>Family Place</p> <p>3309 16th Street NW WDC 20010 Columbia Heights – Yellow and Green Lines Bus: S1, S2, S4, 52, 53, 54, H8</p> <p>P: 202-265-0149. http://www.thefamilyplacedc.org</p>	<ul style="list-style-type: none"> • 8-12 week Parenting class program offered in conjunction with Children’s Hospital Community Health Center at Adam’s Morgan clinic. Class covers topics such as: Parenting styles; Preparing our children for success/ Cultural values; Identifying and changing behaviors; Child development/ Teaching responsibility; Acculturation/ Risk and protective factors for violent behaviors. Home Instruction for Parents of Preschool Youngsters (HIPPY) program is a 30 week home visit program for parents with children ages 3 to 5. The program follows a 30 week curriculum with weekly educational material and activities provided by home visitors to parents to teach their children. Prenatal and infant classes offered in conjunction with Children’s Hospital Community Health Center at Adam’s Morgan clinic. 	<p>Parents and pregnant women for prenatal class</p>	<ul style="list-style-type: none"> ▪ No cost for classes and no referral required. ▪ No Referral needed ▪ Parenting class at meets every Wednesday from 10-11:30 AM for 11 weeks and is starting its fall session. Look on Facebook for class announcements, call main number or email agallegos@thefamilyplace.org with interest. Prenatal/Infant class is offered every Wednesday from 12:30-2pm for 10 weeks and runs throughout

HOME VISITING			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
	<p>Prenatal class covers topics such as: what to expect in each trimester; embryonic development; breastfeeding; nutrition; what to expect when giving birth and different forms of delivery; and post-partum depression. Infant class covers healthy eating habits; the importance of play and safety measures; information on hygiene, etc.</p> <p>Language: Classes only offered in Spanish</p>		the year
<p>Family Place - Home Instruction for Parents of Preschool Youngsters (HIPPY)</p> <p>3309 16th Street NW WDC 20010 Columbia Heights – Yellow and Green Lines Bus: S1, S2, S4, 52, 53, 54, H8</p> <p>P: 202-265-0149. http://www.thefamilyplacedc.org</p>	<ul style="list-style-type: none"> Home Instruction for Parents of Preschool Youngsters (HIPPY) program is a 30 week home visit program for parents with children ages 3 to 5. The program follows a 30 week curriculum with weekly educational material and activities provided by home visitors to parents to teach their children <p>Languages: English and Spanish.</p>	3-5 years and their parents	<ul style="list-style-type: none"> All services are free. Referral: No referral necessary. Availability: Call to determine if wait list.
<p>Confident Parenting Class-- Healthy Babies Project, Inc.</p> <p>4501 Grant Street NE WDC 20019 Minnesota Ave (blue/orange) V2, V4, X9</p> <p>P: 202-396-2809 https://www.healthybabiesproject.org/</p>	<ul style="list-style-type: none"> Free classes held twice a year. Program runs every Wed from 5-7pm; if mother is 12-22yo then she would also qualify for case management. Skill-building program for parents of African-American children that equips participants with tools to parent their children responsibly. Country's first evidence-based, culturally-adapted parenting program that teaches parents to think before reacting, to build the parent/child relationship by spending quality time together, develop communication, and consider the age, maturity, and environment of the children before implementing discipline. "Teen Parent Empowerment Program provides 	Only for parents ages 13-21	<ul style="list-style-type: none"> All services are free. Referral: Either walk-in or provider/agency referral. PCP can call agency directly. Availability: Currently no waiting list.

HOME VISITING			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
	comprehensive health, education, and support services to young adults ages 13-21, promoting primary health care, abstinence choices, family planning, pregnancy prevention services, HIV/STD testing, health education, counseling, case management, referrals and academic support, and college preparation. Chicago Parent curriculum as a core component of program. Home Visiting Program/Family Support Program provides home visits to pregnant and postpartum women by a nurse or social worker that facilitates access to healthcare, health education and practical support" Languages: English		
Mary's Center – Father-Child Program 2333 Ontario Road NW WDC 20010 Bus: 90, 93, 96, X3, S1, S2, S4, S9 P: Carlos Merchan at 202-729-6825 or cmerchan@maryscenter.org http://www.maryscenter.org/course/father-child-program	<ul style="list-style-type: none"> Father-Child Attachment Program is designed to help men develop the attitude, knowledge, and skills to become involved in and connected to their children's lives. Voluntary home visits. Includes parenting support, information and child development activities, assisting with community resources, family goal planning, health education (including prenatal/post-partum nurse home visits, child development screens, mental health, linkage to health insurance, family planning), and activities and outings to promote bonding, healthy habits and behaviors among fathers and their children. Language: English, Spanish	Fathers who have a child under the age of 5 years old and are DC residents (no wards restrictions).	<ul style="list-style-type: none"> All services are free. Referral: No referral necessary. Availability: Immediately; currently no waiting list.
Mary's Center – Healthy Families America 3912 Georgia Avenue NW Washington, DC 20011 Georgia Ave/Petworth – Green/Yellow	<ul style="list-style-type: none"> Provides intensive, long-term home visitation services to pregnant and post-partum women and their families. Focus on parenting skills, parent/child interaction, and school readiness. To enroll, moms must be either 1) pregnant or have infant under 3 	Pregnant and postpartum women & families; children 0-5	<ul style="list-style-type: none"> All services are free. Referral: No referral necessary. Availability: Immediately;

HOME VISITING			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
Bus: 60, 62, 63, 64, 70, 79, H8 P: Contact Fernanda Ruiz at 202-420-7178 or fruiz@maryscenter.org http://www.maryscenter.org/course/home-visiting	months; or 2) have infant up to 2 years old. Languages: English and Spanish.	years in all Wards of the District	currently no waiting list.
Perry School Community Services Center 128 M Street NW WDC 20001 NoMa – Red Line Bus: 96, P6 P: 202-312-7140 http://www.perryschool.org/	<ul style="list-style-type: none"> Home Instruction for Parents of Preschool Youngsters (HIPPY) program is a 30 week home visit program. The program follows a 30 week curriculum with weekly educational material and activities provided by home visitors to parents to teach their children. Languages: English only.	3-18	<ul style="list-style-type: none"> All services are free. Referral: No referral necessary. Availability: Open enrollment occurs in August and September.