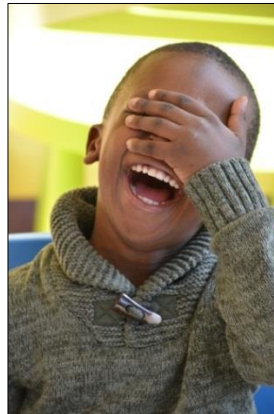


Spring 2018

The DC Collaborative for Mental Health in Pediatric Primary Care's Child & Adolescent Mental Health Resource Guide

The DC Collaborative for Mental Health in Pediatric Primary Care aims to improve the integration of mental health in pediatric primary care for children in the District of Columbia. We have a strong commitment to addressing the mental health needs of diverse children, from birth through 20, and their families, through culturally competent, family-focused initiatives. The Collaborative is a multidisciplinary group, comprised of the following lead organizations, and guided by a Community Advisory Board: Children's Law Center, Children's National Health System, DC Chapter of the American Academy of Pediatrics, DC Department of Behavioral Health, DC Department of Health, DC Department of Health Care Finance, and Georgetown University.

As part of our work, we have compiled the following **mental health resource guide for use by pediatric primary care providers in the Washington, DC area**. If you have updates, questions or comments, please contact Penelope Theodorou at pthodoro2@childrensnational.org or Erica Smith-Grasse at esmithgras@childrensnational.org.



PSYCHIATRISTS

This section provides information on psychiatric providers located in hospitals, health systems, and nonprofits.

PSYCHIATRISTS			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>Advanced Behavioral Health</p> <p><u>Montgomery County residents:</u> 16220 Frederick Rd. Suite Gaithersburg, MD 20877 Bus: 59, 43, 55, 67 Shady Grove- red line</p> <p>P: 301-345-1022, ext. 7001</p> <p><u>PG County residents:</u> 7474 Greenway Center Dr Greenbelt, MD 20770 Bus: 11, 16, G12, 15X, G14</p> <p>P: 301-345-1022, ext.7002</p> <p>https://www.abhmaryland.com/our-services</p>	<p>Individual, group and family counseling offered at office or in-home. Psychiatry med mgt available at office.</p> <p>Languages: English, Spanish, Russian, Creole, German, Arabic, French, and more.</p>	6+	<ul style="list-style-type: none"> • Insurance: MD Medicaid • Referral: Referrals submitted online help speed up the process, but aren't necessary • Availability: Once referral submitted, or family calls office for intake, assessment arranged by therapist within 72 hours. Psychiatry can be accessed immediately following assessment.
<p>Aetna Pediatric Behavioral Health Management Program</p> <p>For more info, including how to participate, see: http://www.aetna.com/healthcare-professionals/tools/Pediatric-Behavioral-Health.html</p>	<ul style="list-style-type: none"> • The Aetna Pediatric Behavioral Health Management Program is designed to support pediatricians in the diagnosis and treatment of mood and behavior problems. • The program is open to Aetna participating pediatricians treating any Aetna member 5 to 18 years of age who has Aetna medical and behavioral health benefits. 	5-18	<ul style="list-style-type: none"> ▪ Insurance: Aetna ▪ Referral: Provider contacts Aetna directly. ▪ Availability: Contact Aetna.

PSYCHIATRISTS			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>Alek's House</p> <p>4200 Forbes Blvd, Suite 104 Lanham, MD 20706 Bus: F13</p> <p>P: 301- 567-0400 http://www.alekshousemd.com/</p>	<p>Outpatient therapy and med mgt. Target case management available to help link children and adults to shelter and food, and can assist in the transition from one level of care to another.</p> <p>Language: English.</p>	5+	<ul style="list-style-type: none"> ▪ Insurance: MD Medicaid ▪ Referral: unable to verify ▪ Availability: Therapy in 1-2 weeks. Psychiatry within 4-6 weeks.
<p>All That's Therapeutic, Inc</p> <p>619 Oxon Hill Rd. Suite 311 Silver Spring, MD 20745 Bus: 35, D12, NH!, D13, D14, W14</p> <p>P: 301-567-0400</p>	<p>Outpatient and Psychiatric Rehabilitation Program serving consumers of all ages in Prince George's County.</p> <p>Language: English.</p>	3+	<ul style="list-style-type: none"> ▪ Insurance: MD Medicaid, sliding scale ▪ Referral: unable to verify ▪ Availability: Call to verify insurance (takes 48hrs). Intake within 1 week.
<p>Andromeda Transcultural Health</p> <p>1400 Decatur St NW Washington, DC 20011 Bus: 52, 53, 54, S1, S2</p> <p>P: 202-291-4707 http://www.andromedatransculturalhealth.org</p>	<ul style="list-style-type: none"> • Provides substance abuse counseling, mental health counseling and psychiatry; individual and group therapy for the dually diagnosed; a Latino women's group every Thursday evening (free for all women, conducted in Spanish); an intensive psychosocial support group every Tuesday, Wednesday, Thursday, and Friday; The Circulo de Andromeda provides alcohol and drug (non-opiate) prevention, outreach, and treatment. <p>Language: English, Spanish.</p>	18+ and families	<ul style="list-style-type: none"> ▪ Insurance: Aetna, Blue Cross Blue Shield Magellan, Cigna, AmeriHealth Caritas PerformCare, Amerigroup, United Health, DC FFS Medicaid (psychiatry only). Offer sliding scale fee for essential services for those without insurance, depending upon family size and income. ▪ Referral: Dependent upon insurance provider requirements. ▪ Availability: 1 week for new

PSYCHIATRISTS			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
			patients
<p>Center for Adoption Support and Education (C.A.S.E)</p> <p>4404 Queensbury Road, Suite 230 Riverdale Park, MD 20737 14, F4, 86, 83, 17 Prince George's Plaza- green line</p> <p>4848 Battery Lane, Suite 202 Bethesda, MD 20814 Bus: 34, 70, J2, J3 Medical center- red line</p> <p>P: 301.476.8525</p> <p>http://adoptionssupport.org/</p>	<ul style="list-style-type: none"> C.A.S.E. implements its core values through direct, specialized clinical services; parent and professional training and education; adoption advocacy at the community, national, and international levels; participating in groundbreaking adoption research; fundraising; and the development and production of print and electronic resources to aid adopted children, families, and the professionals who support them. 		<ul style="list-style-type: none"> You may be eligible to receive C.A.S.E. services free of charge if you are in the process of adopting or have adopted through D.C. Child and Family Services, Montgomery County Child Welfare Services, Prince George's County DSS or other local jurisdictions. Otherwise fee for service and then the families submit their bill to their insurance company
<p>Center for Children</p> <p>6100 Radio Station Rd. La Plata, MD P: 301-609-9887</p> <p>41900 Fenwick St. #1 Leonardtown, MD 20650 P: 301-475-8860</p> <p>489 Main St. #202 Prince Frederick, MD 20678 P:410-535-3047</p>	<ul style="list-style-type: none"> Individual, family, and group therapy for children, adolescents, and adults. Consultations provided by a psychiatrist and medication management for our clients. 24-hour on call Emergency Psychiatric services offered at Charles Regional Medical Center in La Plata, Maryland Language: English 	All ages	<ul style="list-style-type: none"> Insurance: MD Medicaid, commercial plans (Aetna, Tricare, BCBS) Referral: Unable to verify Availability: Few months wait

PSYCHIATRISTS			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>http://center-for-children.org/</p> <p>Children’s National Health System – Psychiatry/Psychology and Behavioral Sciences/Health</p> <p>111 Michigan Avenue NW WDC 20010 Shuttles from Union Station, Brookland and Columbia Heights Bus: H1, H2, H3, H4</p> <p>P: 202-476-5980 http://childrensnational.org/departments/psychiatry-and-behavioral-sciences</p>	<ul style="list-style-type: none"> • Offers assessment, diagnosis, and care for children and teens with behavioral, emotional, and developmental disorders. • Specialty clinics/programs include: Anxiety; Attention Deficit and Hyperactivity Disorders Clinic; Bullying Related Health Risks; Gender and Sexuality Psychosocial Programs; Infant and Toddler Mental Health Program (ITP); Mood Disorders Clinic; Neurobehavioral Program. <p>Languages: Access to multiple languages through interpreter service.</p>	<p>Infants – 17</p>	<ul style="list-style-type: none"> ▪ Insurance: Aetna, BlueCross BlueShield, DC FFS Medicaid (only MDs), AmeriHealth, HSCSN, Trusted, Tricare, United, MD Medicaid – ValueOptions, VA Medicaid MCOs (not straight VA Medicaid). ▪ Referral: No referral necessary. Family should call intake coordinator, who will mail packet to family, which they must complete and mail or fax back. Coordinator will call to confirm receipt, and follow up call will be made after info reviewed to schedule appointment. ▪ Availability: Typically 4-6 months.
<p>Community Connections</p> <p>650 Pennsylvania Ave SE Suite 50 WDC 20003 Eastern Market – Blue/Orange/Silver Bus: 90, 92, 93, 30N, 30S, 32, 34, 36, 39</p> <p>P: 202-465-4065</p>	<ul style="list-style-type: none"> • Core Service Agency that provides comprehensive mental health services including assessment of needs and life domains; individualized treatment planning; community support services; in home and/or office based counseling; community-based interventions; psycho-educational training and support; medication management. • Provide Trauma-Focused Cognitive Behavioral Therapy, Transition to Independence Process (TIP). 	<p>0-17</p>	<ul style="list-style-type: none"> ▪ Insurance: DC FFS Medicaid, AmeriHealth, Amerigroup, Trusted and HSCSN. ▪ Referral: Call Access HelpLine at 1-888-793-4357. ▪ Walk-in intake appointments

PSYCHIATRISTS			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
www.communityconnectionsdc.org	<ul style="list-style-type: none"> DBH SEED (Social, Emotional, Early Development) Provider-- offers parent child interaction therapy and parent child psychotherapy for kids 0-6yo. HEART (Healing, Empowering, and Recovering Together program) offers family therapy and care coordination for adult and child behavioral health services. Languages: English		Wednesdays between 10am and 2pm. Only parent needs to come to walk-in time. If unable to attend walk-ins call Access HelpLine at 1-888-793-4357. <ul style="list-style-type: none"> Availability: Services begin 1 week after walk-in intake appointment.
Community Counseling & Mentoring Services, Inc. 1300 Mercantile Lane, Suite 208 Largo, MD 20774 Bus: C29, C22, C21, 21, 28 Metro: Largo Town Center (Blue/Silver) P: 301-583-0001 https://www.ccsmh.com/	<ul style="list-style-type: none"> Outpatient clinic offers psychiatry and therapy services, including CBT, Psychodynamic Therapy, Family Systems Therapy, and DBT. School-based program for students currently with an IEP in PG County Public School and 3-5 month home-based Multisystem Therapy (MST) program for kids 12-17. Language: English	3-80	<ul style="list-style-type: none"> Insurance: MD Medicaid or self-pay Referral: Available online or families can call main number for intake. Availability: Currently experiencing high volume. Wait for services depend on availability of therapist and time of day available, but could be few months wait.
Comprehensive Community Health & Psychological Services LLC 1629 K St, Suite 300 NW WDC 20006 Bus:32, 33, 34, 36, 37, 39, 164, S1, D1, 14, 715, 725, 810, 820, 830, 844 Farragut West- blue/orange/ silver P: 202-600-7703	<ul style="list-style-type: none"> Provides individual therapy, cognitive-behavioral therapy, family therapy, couples therapy, group therapy, play therapy/psychodrama, psychiatric assessment & medication management, substance abuse screening/counseling, psychological/personality testing forensic evaluations, and a co-occurring disorders program, which treats clients suffering from both chemical addiction and mental illness. Languages: Unable to verify.	Unable to verify.	<ul style="list-style-type: none"> Medicaid, state financed (other than Medicaid), private health insurance, or self-payment (no sliding scale). Referral: Unable to verify. Availability: Unable to verify.

PSYCHIATRISTS			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
www.cchpsonline.org/ Contemporary Family Services Prince Georges County (Hyattsville, MD): P: 301-779-8345 Baltimore County (Baltimore, MD): P: 410-525-8601 Montgomery County: (Germantown, MD): P: 240-686-1971 http://www.contemporaryservices.net/	<ul style="list-style-type: none"> Provides PRP, psychiatrist and therapy services. Languages: English and Spanish.	6+	<ul style="list-style-type: none"> Insurance: MD Medicaid and MD Medicare Referral: Call the office where you would like to be seen. Availability: There are currently waitlists. Call for wait time.
Cornerstone, Inc. <i>The Craig S. Knoll Integrated Health Center</i> 1398 Lambertson Drive Silver Spring, MD 20902 Bus: 1, 5, 11, 28 Silver Spring- red line P: 301-754-1102 <i>The Southport Center</i> 6040 Southport Drive Bethesda, MD 20814 Bus: J2, J3, 6	<ul style="list-style-type: none"> Outpatient mental health clinic, vocational support, transition age youth programs, and day programs. The Career Transition Program (CTP) is a short-term Supported Employment program helping graduating high school seniors, and second semester juniors. The Career Academic Psych-rehab Service (CAPS) is a long-term Supported Employment and Psychiatric Rehabilitation program for young adults 18-25 years old. Must be resident of Montgomery County; have MD Medicaid or qualifying income; and see a therapist and/or psychiatrist and have an eligible mental health diagnosis. 	18+	<ul style="list-style-type: none"> Insurance: MD Medicaid Referral: Online application for programs. Availability: Unable to verify.

PSYCHIATRISTS			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
P: 301-493-4200 https://www.cornerstonemontgomery.org/services1			
DC Department of Behavioral Health Parent Infant Early Childhood Enhancement Program (PIECE) and Child Psychiatric Practice Group 821 Howard Road SE WDC 20020 Anacostia – Green Line Bus: P18, W14, B2, W2, W4, 90, 94, A42, A46, A48, P6, A2, A7, A8, A4, W5, W6, W8, W2, W3, A9, Circulator P: 202-698-1838	<ul style="list-style-type: none"> The Parent Infant Early Childhood Enhancement Program (PIECE) has two components: 1) Early Intervention provides screening, assessment, individual, family, and art therapy, Parent Child Interaction Therapy (PCIT) and Child Parent Psychotherapy for Family Violence; and 2) Healthy Start works with moms with depression/other mental health issues who have child birth-3 years. Includes psycho-educational parenting group, and home visits if mother is too ill for office-based services. They Psychiatric group does not offer ongoing services. Urgent cases can be arranged for the same week if scheduled for diagnostic assessment at a CSA and if the child hasn't been seen yet. <p>Languages: Can utilize interpreter service if necessary.</p>	PIECE: 3 – 6 Healthy Start: Mother and child 0-3 PPG: 4-18	<ul style="list-style-type: none"> Insurance: Accepts all DC Medicaid MCOs and DC FFS Medicaid. Serves all individuals regardless of ability to pay. Referral: Referral from physician not necessary, but helpful. Referral form obtained by calling 202-698-1838. Availability: A few months wait, including psychiatrists. Trauma therapy only available up to 6 years old.
Family Behavioral Services, LLC 6475 New Hampshire Ave, Suite 650 Hyattsville, MD 20783 Bus: K6, K9 Fort Totten- green line P: 301-270-3200 http://www.familybservices.com/	<ul style="list-style-type: none"> Psychological evaluation; diagnostic eval; psychiatry med mgt, in-home wrap around services; psychotherapy; therapeutic mentoring. <p>Languages: English, Spanish, Hattian Creole. Spanish Interpreter on Site and on Language Line, and Hattian Creole on Language Line</p>	4+	<ul style="list-style-type: none"> Insurance: Commercial Insurance, MD Medicaid Referral: Referral process is by calling or a referral form can be faxed for completion Availability: Currently accepting new clients however therapy will be provided by the psychiatrist
Family Matters	<ul style="list-style-type: none"> Services include: Diagnostic assessment, Medication, 	5+	<ul style="list-style-type: none"> Insurance: MD Medicaid only

PSYCHIATRISTS			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>6196 Oxon Hill Road, Suite 340 Oxon Hill, MD 20745 Bus: 35, D12, NH1</p> <p>P: (301) 839-1960</p> <p>https://familymattersdc.org/services/mentalbehavioral-health</p>	<p>Counseling, Crisis treatment, Community support, Psychiatric rehabilitation, Integrated primary and behavioral health, School-based therapy</p> <p>Language: Unable to verify</p>		<ul style="list-style-type: none"> ▪ Referral: Unable to verify ▪ Availability: Intake in 1 week; therapy 2-3 week wait; 6 mo wait for psychiatry
<p>Family Services Inc.</p> <p>610 E. Diamond Avenue Suite 100 Gaithersburg, MD 20877 Bus: 61, 57</p> <p>P: 301-840-3263</p> <p>http://www.fs-inc.org/services/programs/outpatient-mental-health-center</p>	<ul style="list-style-type: none"> ▪ Outpatient Mental Health Clinic provides individual, group and family therapy, and medication management services. We offer services for life challenges, relationship issues, behavioral issues with a child or teen, depression, anxiety, trauma, & persistent mental illness. Same-day walk-in registration Monday- Thursday 10am-2pm. <p>Language: English and Spanish</p>		<ul style="list-style-type: none"> ▪ Insurance: Medicaid and Medicare ▪ Referral: Unable to verify ▪ Availability: Same day access services: Monday - Thursday 10:00am - 2:00pm
<p>Foundations for Community (First Home Care)</p> <p>1012 14th Street NW, Suite 1000 WDC 20005 McPherson Square – Blue/Orange/Silver Bus: 80, D1, D3, D6, 52, 53, 54</p> <p>P: 202-737-2554</p>	<ul style="list-style-type: none"> • A CSA that provides services to children and youth with serious emotional disturbances and persons with serious mental illness. Services include diagnostic assessments, medication/somatic treatment, individual, family and group counseling, community support, which includes skills training (anger management, coping skills, study skills, stress management, etc.). • Provide Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), Transition to Independence Process (TIP). Parent Child Interaction Therapy (PCIT), and Parent Child Psychotherapy (CPP). 	<p>0-6 (PCIT and CPP)</p> <p>5-21</p>	<ul style="list-style-type: none"> ▪ Insurance: HSCSN, AmeriHealth, Trusted, Amerigroup, FFS ▪ Referral: Call Access HelpLine at 1-888-793-4357. For SEED services, contact agency directly. ▪ Availability: Call Access HelpLine.

PSYCHIATRISTS			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
http://www.firsthomecare.com/	Languages: English only.		
Hillcrest Children and Family Center 915 Rhode Island Avenue NW WDC 20001 Shaw – Green/Yellow Lines Bus: G8, 63, 64 P: 202-232-6100 http://www.hillcrest-dc.org/	<ul style="list-style-type: none"> Provides individual, group, and family therapy, psychiatric evaluation, parenting education, anger and stress management services, a youth substance abuse treatment program (Turning Point), a youth substance abuse prevention program (Project Success), community support services, community-based interventions (levels II, III, and IV), a depression intervention program, and crisis intervention and emergency services. Children, adolescent, and teen services include community support, individual counseling, and medication management. Provide Trauma-Focused Cognitive Behavioral Therapy and Functional Family Therapy and Adolescent Community Reinforcement Approach (substance use evidence-based practice). ASTEP provider . For Drug and alcohol treatment through ASTEP call Hillcrest directly to arrange intake. Languages: English only	5+	<ul style="list-style-type: none"> Insurance: DC FFS Medicaid, Amerigroup, Trusted, AmeriHealth, HSCSN, ValueOptions; Insurance not required for Alcohol/substance use Referral: Walk-in appointments for intake: Mon/Wed 8:30am-12pm and Tues/Thurs 8:30am-4pm. Or call Access HelpLine for intake appointment at 1-888-793-4357. Availability: For CSA services, call Access HelpLine for wait time. 1st appointment is diagnostic and occurs within 1 week. 2nd appointment is evaluation, and then waits for services.
Holy Health Care Services 6210 North Capitol Street NW WDC 20011 Takoma Metro Station Bus: K2, 63 P: 202-722-0404	<ul style="list-style-type: none"> Psychiatry, Therapy Language: English	18+	<ul style="list-style-type: none"> AmeriHealth, DC Medicaid, Medicare, Blue Cross Blue Shield, Carefirst Referral: No referral needed provider. Availability: Wait time depends

PSYCHIATRISTS			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
http://www.holyhealthcareservices.org/			on insurance. Therapy available in 1-2 weeks. Psychiatry openings vary.
<p>Howard University Outpatient Mental Health Clinic</p> <p>530 College Street NW WDC 20060 Shaw/Howard U – Green/Yellow Lines Bus: 70</p> <p>P: 202-806-7981 http://huhealthcare.com/healthcare/hospital/departments/psychiatry-behavioral-sciences</p>	<ul style="list-style-type: none"> Children and adolescent services include outpatient treatment, medication management, and individual therapy <p>Languages: English only.</p>	6-17	<ul style="list-style-type: none"> Insurance: DC FFS Medicaid, Trusted, HSCSN, Amerigroup, VA Medicaid; Care First PPO, Aetna PPO, United Health PPO, Trusted Health PPO. Not accepting HMOs or Tricare at this time. NOTE: Besides the clinic, private doctors are available who accept all forms of insurance, including Medicaid and all MCOs. Referral: No referral needed, unless required by insurance provider. Availability: About 2 week wait for new patients. Availability: About 2 week wait for new patients. Note child/ Adolescent Clinic is only open Fridays 8:30am-11:30am.
<p>Inner City Family Services</p> <p>2313 Martin Luther King Jr. Avenue SE WDC 20020 Anacostia – Green Line Bus: 90, A42, A46, A48, B2, P6, U2, W2,</p>	<ul style="list-style-type: none"> Provides individual counseling, family counseling and training, community support, crisis intervention, diagnostic assessments, psychological evaluation, behavioral aid, community transition and medical management. <p>Languages: English only.</p>	4+	<ul style="list-style-type: none"> Insurance: DC FFS Medicaid, AmeriHealth, Trusted, Amerigroup Referral: Recommended form primary care provider or other

PSYCHIATRISTS			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
W3, W8, 93 P: 202-525-4855 http://www.innercityfamilyservices.com/			source but not required. Call Access HelpLine at 1-888-793-4357. <ul style="list-style-type: none"> ▪ Availability: Call Access HelpLine. In-home and Saturday therapy hours available.
Institute for Life Enrichment (ILE) 7852 16h st NW Washington DC 20012 Bus: D31, S4, S2, 18 Silver Spring- red line P: 202-291-5008 4700 Berwyn House Road College Park, MD 20740 Bus: D31, S4, S2, 18 P: 202-474-3750 http://www.instituteforlifeenrichment.com	Offering therapy for families and couples, alcoholism and drug dependency, depression, at-risk students, separation and divorce, parenting, general anxiety; psychological and educational assessments; psychiatry services available at their College Park, MD location. Language: English.	Children and families- adults	<ul style="list-style-type: none"> ▪ Insurance: DC Medicaid (Amerigroup, AmeriHealth), MD Medicaid, Commercial insurance ▪ Referral: not needed ▪ Availability: Therapy services available in 1-2 weeks. 1 month wait for psychiatry
Integrated Behavioral Services Group 2041 Martin Luther King Jr. Ave SE #201 WDC 20020 Anacostia – Green Line Bus: 90, 93, A42, A46, A48, B2, P6, U2	<ul style="list-style-type: none"> • Diagnostic assessments, therapy and children’s day rehabilitation. After-school program includes individual and group therapy, and medication management. Transportation from school and home offered at no cost. • Individual Therapy: Depression, Anxiety, Trauma & Post-Traumatic Stress, Sexual Abuse, Grief and Loss, Acting Out Behaviors, Anger Management, Physical and Emotional 	6-14	<ul style="list-style-type: none"> ▪ Insurance: DC FFS Medicaid Trusted, Amerigroup, AmeriHealth, and HSCSN. Most (if not all) commercial insurance accepted and billed. ▪ Referral: Call intake

PSYCHIATRISTS			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>P: 202-610-1444 http://www.ibsginc.com/services.html</p>	<p>Abuse, Abusive Relationship Issues, Substance Abuse</p> <ul style="list-style-type: none"> Family Therapy : RAD Therapy (Reactive Attachment Disorder), Parenting Skills Enhancement, Parent & Child Issues, Siblings, Blended Families, Adoptive Family Issues, Recovering from Divorce/Separation, Grief, Loss and Adjustment, Custody/Visitation Related Issues Children’s Group Therapy: Trauma, Sexual Abuse, Grief & Loss <p>Languages: English only.</p>		<p>coordinator between 11am-4pm to arrange services</p> <ul style="list-style-type: none"> Availability: Immediate availability
<p>Interdynamics, Inc.</p> <p>4601 Forbes Blvd, Suite 100 Lanham, MD 20706 Bus: F13</p> <p>301-306-4590</p>	<ul style="list-style-type: none"> Interdynamics is designed to assist individuals, children, families and groups with social, emotional, educational, developmental and trauma related needs that impact or delay growth potential and daily functioning. Will see patients with autism and developmental delays <p>Languages: English and Spanish (therapy)only</p>	1-99	<ul style="list-style-type: none"> Private Insurance (Carefirst including HMO, Aetna, Magellan, Tricare, Cigna, Kaiser), HSCSN, MD Medicaid Therapy appointments in 1-2 weeks. Must have therapy sessions before starting psychiatry.
<p>Jewish Social Service Agency</p> <p>200 Wood Hill Road Rockville, MD 20850 There is no Metro station within walking distance. Ride On buses can be boarded from the Shady Grove, Rockville, or Twinbrook Metro stations.</p> <p>P: 301-881-3700 http://www.jssa.org/</p>	<ul style="list-style-type: none"> Provides psychological, psychiatric, educational and neuropsychological evaluations, care coordination, individual, couple, family, sibling and group counseling, social skills therapy groups, medication management, parenting and family support groups and training and services for children and adolescents with disabilities. Specific center for Autism Spectrum Disorders. <p>Languages: English only.</p>	2 yrs-young adult	<ul style="list-style-type: none"> Insurance: Aetna, BlueCross BlueShield, Cigna, MAMSI/MDIPA/Optimum Choice, Medicare, Medicaid (Maryland only), Tricare, United Behavioral Health, United HealthCare Referral: No referral necessary Availability: Generally within one month; sometimes sooner dependent on client

PSYCHIATRISTS			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
			availability.
<p>Kennedy Krieger Institute</p> <p>Multiple locations in greater Baltimore area.</p> <p>P: 443-923-9400 http://www.kennedykrieger.org/</p>	<ul style="list-style-type: none"> Provides care related to disorders of the brain, spinal cord, and musculoskeletal system. <p>Languages: Translation services available.</p>	0+	<ul style="list-style-type: none"> Insurance: DC FFS Medicaid, some MD Medicaid programs, and most major commercial insurance companies. Referral: only if insurance requires it. Availability: Dependent on clinic. Currently accepting new patients.
<p>La Clinica Del Pueblo, Inc. Mental Health and Substance Abuse Program</p> <p>2831 15th Street NW WDC 20009 Columbia Hgts Metro Station – Green/Yellow Bus: S1, S2, S4, H1, H2</p> <p>P: 202-462-4788 www.lcdp.org</p>	<ul style="list-style-type: none"> Psychiatry patients must be 18+ and a primary care patient served by La Clinica. Younger patients who don't receive health services at La Clinica can be seen but only accept FFS Medicaid. Individual, couple and family counseling services for a broad range of psychological problems, psycho-educational support groups through Mi Familia program, and comprehensive outpatient substance abuse treatment services through Volviendo a Vivir program. Services to address depression, relationship/family conflicts, cultural adjustment, domestic violence, substance abuse and sexual abuse. La Clinica del Pueblo offers Volviendo a Vivir, an outpatient substance abuse treatment program for Latinos with drug and/or alcohol dependency. Targets recent ex-offenders and those awaiting trial in the Latino community. There are two levels of treatment, Level 1 and Level 2 (intensive). The treatment consists of individual and group therapy as well as HIV education and testing, and case management. Mi Familia program (18 week bilingual family therapy program) -- weekly meetings, 	18+	<ul style="list-style-type: none"> Insurance: For DC residents: DC FFS Medicaid, Trusted, and AmeriHealth. For MD residents: MD Medicaid, Amerigroup, and United Healthcare. Also CareFirst, Aetna, Cigna, United Healthcare. Sliding scale fee available or qualifying individuals. Referral: Needed from primary care physician. Availability: Waitlist – about 1-2 weeks for new patients.

PSYCHIATRISTS			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
	<p>dinner provided and age-appropriate group sessions.</p> <p>Languages: English, Spanish- most patients are Spanish speakers, but translators available for all services.</p>		
<p>Life Enhancement Services</p> <p>1818 New York Ave NE Suite 115 WDC 20002 Green, Yellow Line Bus: E2, T14, H6, D8</p> <p>P: 202-260-2404</p> <p>http://www.lifeenhancementservices.org/dc/</p>	<ul style="list-style-type: none"> Provides medication management; diagnostic & comprehensive clinical assessments; behavioral health screenings; therapy (individual, group, family); community support; case management; in home therapy. Provides Transition to Independence Process (TIP) and CBI Level II & III. <p>Languages: English.</p>	5+	<ul style="list-style-type: none"> Insurance: DC FFS Medicaid, AmeriHealth, HSCSN, Trusted, Amerigroup Referral: Call Access HelpLine at 1-888-793-4357. Availability: One month.
<p>Life Renewal Services</p> <p>10805 Hickory Ridge Rd., Suite 103 Columbia, MD 21044</p> <p>P: 410-387-2763</p>	<ul style="list-style-type: none"> Outpatient therapy and psychiatry services, as well as a psychiatric rehabilitation program for children ages 4-24 and adults. <p>Language: Unable to verify</p>	Children and adults	<ul style="list-style-type: none"> Insurance: MD Medicaid , Commercial PPO plans Referral: Unable to verify Availability: Intake in 2-4 weeks. Therapy begins following week.

PSYCHIATRISTS			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>Life Care Inc.</p> <p>1427 Good Hope Rd SE Washington, DC 20020 Bus: A6, A7, A31, 92, PS, P6, V5, B2, W2, W6 Anacostia- Green line P: 202-836-4841</p>	<ul style="list-style-type: none"> LifeCare INC promotes improved mental wellbeing for all individuals and families in District of Columbia through individualized, and group therapy treatment enhanced by person centered Recovery Support Planning, education, and advocacy. Spanish-speaking therapist is available. Languages: English and Spanish 	18+	<ul style="list-style-type: none"> Insurance: DC Medicaid, Amerigroup, AmeriHealth, Trusted, Aetna Referral: Unable to verify Availability: Intake appointments within one week, psychiatry 1-2 weeks (only comes in every other Friday). Can walk-in for intake appointment
<p>Love Your Life Healthcare (LYLE)</p> <p>333 Hawaii Ave NE, Suite 100 WDC 20011 Brookland-Red Line Bus: H1, H2, H3, H4, H8, 80 P: 202-232-4270 http://www.lylehealthcare.com</p>	<ul style="list-style-type: none"> Provides assessments, psychotherapy/counseling, positive behavior support, and medication management for children and adolescents with serious disorders such as autism, anxiety, depression, attention deficit and hyperactivity disorder (ADHD), and bipolar disorder. Languages: English and Spanish (therapy) 	10+	<ul style="list-style-type: none"> Insurance: DC FFS Medicaid, AmeriHealth, HSCSN, Amerigroup, BCBS (HMO, FEP, PPO), Cigna, United, Humana, Magellan. Referral: No referral necessary. Availability: Immediate availability for assessments and therapy; 1-2 weeks for psychiatrists.

PSYCHIATRISTS			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>Maryland (MD) Family Resource</p> <p>903 Brightseat Rd Landover, MD 20785 Bus from Largo Metro-Blue/Silver Line</p> <p>P: 301-333-2980 http://www.mfrinonline.com/</p>	<ul style="list-style-type: none"> Core Service Agency that provides four core services of diagnostic and assessment services; community support services; counseling services; community-based intervention and medication and somatic treatments. This agency provides on-site and off-site services. Provides Trauma-Focused CBT and CBI levels II & III. <p>Languages: English only.</p>	5+	<ul style="list-style-type: none"> Insurance: DC FFS Medicaid and all MD Medicaid, no DC Medicaid MCOs. Referral: DC residents, call Access HelpLine at 1-888-793-4357. MD residents, call main office number, Or 301-333-2980, ext. 115 --Anthony Pinkney, intake coordinator Availability: Intake appointments within one week. Second appointment psychiatry, then therapy services begins 2-3 week later.
<p>Mary's Center</p> <p>3912 Georgia Avenue NW WDC 20011 (Psychiatry) Georgia/Petworth – Green/Yellow Lines Bus: 60, 62, 63, 64, 70, 79, H8</p> <p>100 Gallatin Street NE WDC 20011 Fort Totten – Green/ Yellow/ Red Lines Bus: 60, K6, E4, R1, K9, 64, K2, R2, E2</p> <p>2333 Ontario Road NW WDC 20010 Bus: 90, 93, 96, X3, S1, S2, S4, S9</p>	<ul style="list-style-type: none"> Provides psychiatric and therapeutic services, including Parent Child Interaction Therapy (PCIT), for children. Will conduct psychiatric assessments and med management for children under 5. <p>Languages: English, Spanish.</p>	Therapy 2+ Psychiatry 3+	<ul style="list-style-type: none"> Insurance: DC and MD Medicaid, Trusted, HSCSN, AmeriHealth, Aetna, Blue Cross Blue Shield, Cigna, Tricare. Discount services available for uninsured-- sliding scale base on income (Initial appointment is \$24-\$145, mental health from \$10-\$65 per session) Referral: PCIT referral from primary Care helpful. Call mental health #: 202-420-7122, or call Access HelpLine at 1-888-793-4357.

PSYCHIATRISTS			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>8709 Flower Avenue Silver Spring, MD 20901 Bus: 12, 13, 14, 15, 16, 19, 20, 24, J4</p> <p>8908 Riggs Road Adelphi, MD 20783 Bus: R1, R2, C8</p> <p>P: 202-846-8053 https://www.maryscenter.org/BehavioralHealthOverview</p>			<ul style="list-style-type: none"> ▪ Appointment Line: 1-844-796-2797 24/7 ▪ Availability: Availability depends on site. Call Friday mornings for next week's schedule. With referral, patients under 5 and parents under 25 can get into PCIT program within 1 week.
<p>MBI Health Services</p> <p>2041 Martin Luther King Jr. Avenue SE WDC 20020 Anacostia – Green Line Bus: 90, 93, A9, A42, A46, A48, B2, P6, U2 P: 202-547-8450 *Site for kids 5-17 yo</p> <p>4017 Minnesota Ave NE WDC, 20019 Minnesota Ave- Orange/Silver Line Bus: U2, U5, U6, V7, V8 P: 202-388-9202 *Site for 18 yo+</p> <p>http://www.mbihealthservices.com/general/index.php</p>	<ul style="list-style-type: none"> • Provides four core services of diagnostic and assessment services; community support services; counseling services; High Fidelity Wraparound Services; Transition to Independence Process (TIP); and medication and somatic treatments. • Has 2 child psychiatrists on staff. Specialty services available for LGBT youth. Appointments available after intake process. <p>Languages: English only.</p>	5+	<ul style="list-style-type: none"> ▪ Insurance: AmeriHealth, DC FFS Medicaid, HSCSN, Trusted, Amerigroup ▪ Referral: Walk-in intake appointment or call Access Helpline at 1-888-793-4357. ▪ Availability: When open for intake, immediate availability. Walk-ins available from 9am – 2pm M-F. After intake there is a wait for services

PSYCHIATRISTS			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>MedStar Georgetown University Hospital - Psychiatry Department</p> <p>2115 Wisconsin Avenue NW Suite 200 WDC 20007 Bus: 30N, 30S, 31, 33</p> <p>P: 202-944-5400 https://www.medstarhealth.org/Pages/Services/Mental-Health/Psychiatry-at-MedStar-Georgetown-University-Hospital.aspx</p>	<ul style="list-style-type: none"> Provides comprehensive outpatient evaluation and treatment for children and their families. The program offers individual psychotherapy, family therapy and medication treatments. Treat children who have mood disorders, anxiety disorders, post-traumatic stress disorder, attention-deficit/hyperactivity disorder, disruptive behavior disorders, and learning disorders, among others. Includes specialty clinic for Mood and Anxiety. Conduct psychiatric diagnostic evaluations for autism. <p>Languages: Spanish and interpreter service available.</p>	2-17	<ul style="list-style-type: none"> Insurance: Aetna, AmeriHealth, HSCSN, (w/referral only), and most major commercial plans (not Tricare). Referral: No referral necessary Availability: Status of whether accepting new patients changes daily, and often not accepting new patients.
<p>MedStar Georgetown University Hospital - Psychiatry Department LAUNCH program</p> <p>2115 Wisconsin Avenue NW Suite 200 WDC 20007 Bus: 30N, 30S, 31, 33</p> <p>P: 202-944-5400 https://www.medstargeorgetown.org/our-services/psychiatry/treatments/the-launch-program/#q={}</p>	<ul style="list-style-type: none"> The LAUNCH Program is designed to meet the needs of emerging adults with mental health concerns through a combination of individual therapy, skills-based group therapy, medication management, parent coaching, and general case management/life coaching. We strive to collaboratively develop individualized treatment plans and to support our clients in making values-based decisions that move them towards their goals. Must be willing to participate in individual and group therapy sessions 2-3x /week. <p>Languages: English</p>	16-24	<ul style="list-style-type: none"> Insurance: DC Medicaid AmeriHealth, HSCSN, most commercial insurances (not Tricare) Referral: No referral necessary Availability: Available immediately.

PSYCHIATRISTS			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>Mental Health Services Division</p> <p>35 K Street NE WDC 20002 Union Station – Red Line Bus: D3, D4, 80</p> <p>P: 202-442-4100</p>	<ul style="list-style-type: none"> • Same Day Urgent Care Clinic - provides diagnostic and assessment services, emergency medication/somatic treatment, counseling and psychotherapy for individuals with court-ordered services or not linked yet to CSA will assist in connecting the family to a core service agency. • Pharmacy Services- Individuals who are uninsured can get prescribed medication at the DBH pharmacy located at 35 K Street NE. The pharmacy is open Monday through Friday from 8:30 am to 5 pm. Prescriptions received before 4:15 pm will be filled the same day. Call (202) 442-4954 if you need assistance. • Serving Individuals With Unique Needs- DBH provides behavioral health services and supports to unique populations, including individuals who are deaf/hearing impaired, limited or no English speaking, or who have co-occurring intellectual disabilities. For an appointment, please call (202) 442-4202 or the ACCESS Helpline at 1-888-793-4357. <p>Languages: Unable to verify.</p>	18+	<ul style="list-style-type: none"> ▪ Insurance: DC FFS Medicaid and DC MCOs. ▪ Referral: Not needed. Call Access HelpLine at 1-888-793-4357. ▪ Availability: Walk-in hours Monday-Friday 8:30am-3pm. They accept new patients daily until quota is met so arrive before 10:30am or noon to guarantee services. Call the clinic if you have any questions about appropriateness.
<p>Montgomery County Child & Adolescent Mental Health Program</p> <p>7300 Calhoun Pl., Suite 600 Rockville, MD 20855 Bus: 45,46,55,59,Q1, Q2</p> <p>P: 240-777-1432</p> <p>http://www.montgomerycountymd.gov/HHS-</p>	<ul style="list-style-type: none"> • Provides family-focused outpatient mental health services to children, adolescents, and their families to help address severe emotional, behavioral, substance abuse, and victimization issues. Services include mental health screening & assessment; diagnostic evaluation, family, individual and group psychotherapy; clinical case management; drug and alcohol assessment, and education; behavioral and medication management and follow up services; and outreach treatment and support services in the selected school sites for children and adolescents who are involved with Montgomery County Public Schools, ED 	5-18	<ul style="list-style-type: none"> ▪ Insurance: Sliding scale payment and MD Medicaid • Referral: Not needed. Must be a resident of Montgomery County to receive services. • Availability: Typically 4 week wait.

PSYCHIATRISTS			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
Program/Program.aspx?id=BHCS/BHCSChildAdolMentalHealth-p471.html	(Emotionally Disabled) classrooms. Language: English, Spanish		
Pathways 44101 Airport View Drive Hollywood, MD 20636 P:301.373.3065 Ext 241 http://www.pathwaysinc.org/index.html	<ul style="list-style-type: none"> Specializes in a range of services, including psychiatric consultation and medication management, outpatient treatment and counseling for individuals, couples, and families, recovery supports and supportive living arrangements for persons with a mental illness, and vocational support for persons with a mental illness and/or brain injury. Language: English only.	7+	Insurance: MD Medicaid (7yo+), Commercial insurance (12yo+): BCBS, UHC, Cigna, Tricare, Aetna <ul style="list-style-type: none"> Referral: Not needed. Availability: MD Medicaid patients can use walk-in hours Monday through Thursdays at 10am. Intake appointments within 1 week, therapy following, and 2-3 week wait for psychiatry. For urgent outpatient requests, staff can prioritize a patient and make every attempt to have the patient seen within 24 hours (except weekends) for psychiatric evaluation, crisis stabilization, and urgent

PSYCHIATRISTS			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
			medication treatment.
<p>Paving The Way</p> <p>2616 Martin Luther King Jr. Ave., SE WDC 20020 Green Line Bus: H4,70, 79, A2, A4, A6, A7,A8,A42, A46, A48</p> <p>P: 202-724-7666 http://www.pavingthewaymsi.org/</p>	<ul style="list-style-type: none"> • Diagnostic/Assessment • Medication Management • Individual Therapy • Family Therapy • Group Therapy • Complete Psychological Testing <p>Languages: Unable to verify.</p>	4-21	<ul style="list-style-type: none"> ▪ DC FFS Medicaid, DC Medicare, AmeriHealth, Trusted ▪ Referral: No referral needed. ▪ Availability: Intake appointments available within 1 week, psychiatry appointments about 1 month later. Call for next available appointment.
<p>PCC Stride (Psychiatric Center Chartered)</p> <p>3001 Bladensburg Rd., Ste. 100 NE Washington, DC 20018 Bus: H6, B2, B8, B9</p> <p>202-842-2016</p> <p>https://pccstride.org/mental-health/</p>	<ul style="list-style-type: none"> • Adult CSA offers psychiatry, community support workers, and individual therapy 	18+	<ul style="list-style-type: none"> ▪ Insurance: DC Medicaid and MCOs. ▪ Referral: Schedule intake through Access Helpline: 1-888-793-4357 ▪ Availability: Intake appointments available within 1 week. Psychiatry is 2-3 weeks after intake.

PSYCHIATRISTS			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>Preventive Measures</p> <p>2959 Martin Luther King Jr. Ave SE Washington, DC 20020</p> <p>P: 202-563-7632</p>	<ul style="list-style-type: none"> Offers individual, group, family, and couples counseling. Psychiatry available 10am-5pm Mondays, Thursdays, and every other Fridays. Adult day rehabilitation program and free-standing mental health clinic. <p>Language: English</p>	6+	<ul style="list-style-type: none"> DC Medicaid and MCOs, single-case agreements with commercial plans Referral: Call Access Helpline: 1-888-793-4357 Availability: Intake with therapist same week; psychiatry 1-2 weeks
<p>PSI</p> <p>701 L Street, door #5 SE Washington, DC 20003 Bus: P6, V1, V4, 90, 92, 315, 735, 850, 32, 34, 36, 30N, 30S Green Line-Navy Yard and Orange/Blue/Silver Line-Eastern Market</p> <p>P: 202-547-3870</p> <p>http://www.psiservicesinc.net/pages/ChildServices/ede.html</p>	<ul style="list-style-type: none"> Psychiatric therapy, community support, and individualized therapy. Adult day program and on-site pharmacy. Parenting Skills Training Group and individual 24-hour parenting classes to develop parenting skills and attitudes and prevent child abuse or neglect. Classes meet at PSI or in the home. Classes are offered for a fixed fee, and are open to all interested parents. <p>Languages: English</p>	5+	<ul style="list-style-type: none"> Insurance: AmeriHealth, HSCSN, Trusted, Amerigroup, FFS Medicaid Call Access HelpLine at 1-888-793-4357 Availability: Therapy and psychiatry services start within 7 days of intake. Families connected immediately with community support workers. Few clinicians are available for in-home services if family unable to get to clinic.

PSYCHIATRISTS			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>Regenerations Counseling Services, Inc.</p> <p>4600 Forbes Blvd. Suite 202 Lanham, MD 20706</p> <p>P:240-542-9535</p> <p>https://www.regencs.com/services/</p>	<ul style="list-style-type: none"> Outpatient psychiatry and (bilingual) therapy services for children, adolescents, and adults. In home services and psychiatric rehabilitation program available. <p>Languages: English, Spanish</p>	3+	<ul style="list-style-type: none"> Insurance: MD Medicaid Referral: Unable to verify Availability: Immediate availability, but wait for bilingual therapist
<p>RIMS Center for Enrichment and Development</p> <p>95 Office Park, 1895 Brightseat Road</p> <p>Landover, MD 20785</p> <p>P: (301) 773-8201</p> <p>https://www.rimsenrichmentcenter.com/</p>	<ul style="list-style-type: none"> RIMS Center for Enrichment & Development, LLC provides individualized clinical treatment and rehabilitation to children, adults, and families. Comprised of comprehensive Outpatient Mental Health Clinic (OMHC), Psychiatric Rehabilitation Program (PRP), a Therapeutic Afterschool Program (TASP), and support groups for parents, women, and teens. <p>Language: English</p>	All ages	<ul style="list-style-type: none"> Insurance: MD Medicaid and self-pay Referral: Unable to verify Availability: Unable to verify
<p>Sante Out-Patient Services</p> <p>4372 Lottsford Vista Rd Lanham, MD 20706 P: 301-429-2171</p> <p>1400 Spring St. Ste 100 Wilver Spring, MD 20910 P: 301-589-2303</p> <p>https://www.thesantegroup.org/outpa</p>	<ul style="list-style-type: none"> Outpatient services: DBT, CBT, support group for parents; med mgt and psychiatric eval; individual and group therapy. Serves adults with developmental disabilities and mental illness. <p>Language: Unable to verify</p>	18-99	<ul style="list-style-type: none"> Insurance: MD Medicaid, private insurance (Aetna, Carefirst, BCBS, United Healthcare, Amerigroup) Referral: Unable to verify Availability: Unable to verify

PSYCHIATRISTS			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
tient-behavioral-services			
<p>Synergy Family Services</p> <p>1425 University Blvd, Suite 245 Hyattsville, MD 20783</p> <p>P: 240-752-2767</p> <p>http://www.synergyfamilyservices.org</p>	<ul style="list-style-type: none"> Outpatient Mental Health Center focused on providing strengths based, culturally proficient services to enhance the social, emotional, behavioral health and wellness of individuals and families. Offers individual, family, and group therapy, psychiatric services, psychiatrist <p>Language: English, Spanish</p>		<ul style="list-style-type: none"> Insurance: MD Medicaid, sliding scale Referral: Unable to verify Availability: Immediate openings.
<p>The Ross Center for Anxiety and Related Disorders</p> <p>5225 Wisconsin Avenue NW Suite 400 WDC 20015</p> <p>Friendship Heights-Red Line Bus: 30N, 30S, 31, 33, N2</p> <p>P: 202-363-1010</p> <p>http://www.rosscenterdc.com/</p>	<ul style="list-style-type: none"> Provides treatment by child and adolescent psychiatrists and psychologists. In addition to individual and group therapy, the Center offers family therapy and parenting skills training. <p>Languages: English, French</p>	4+	<ul style="list-style-type: none"> No insurance accepted. Self-pay rates: \$450 for intake, \$250 / psychiatry session after intake Referral: Normally no Referrals are necessary. Availability: Approximately 1 month wait for intake. Psychiatry – 3 weeks wait. Therapy waitlist.
<p>University Psychological Center Inc.</p> <p>6201 Greenbelt Rd. Suite U-18 College Park, MD 20740</p> <p>P: 301-345-1919</p>	<ul style="list-style-type: none"> Individual Therapy, Family Therapy, Assessment/Evaluation, Psychological Testing, Medication Evaluation/Management <p>Languages: English only.</p>	5+	<ul style="list-style-type: none"> Insurance: APS, Aetna, BHS, BC/BS, Ceridian, ChoiceCare, Cigna, Kaiser, MAMSI, MA, Tricare, UHC Referral: Unable to verify.

PSYCHIATRISTS			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
			<ul style="list-style-type: none"> Availability: The adolescent clinician can only see patients Tues. and Saturdays. Wait time for adults may be shorter.
<p>Volunteers of America Chesapeake</p> <p>508 Kennedy St NW Washington, DC 20011 Bus: 62, 63, E4 Fort Totten- Red/Yellow/Green lines</p> <p>P: 202-223-9630</p> <p>https://www.voachesapeake.org/behavioral-health</p>	<ul style="list-style-type: none"> Bilingual psychiatry, therapy, housing and employment support, community support workers can assist with transportation and immigration questions <p>Language: English and Spanish</p>	18+	<ul style="list-style-type: none"> Insurance: DC Medicaid and all MCOs Referral: Call Access Helpline 1-888-493-4357 Availability: Few months wait for intake.
<p>Washington Hospital Center Trinity Square (Outpatient Psychiatry)</p> <p>216 Michigan Ave NE Washington, DC 20017 Bus: H1, H2, H3, H4, 80, D8 Brookland- Trinity- red line</p> <p>(202) 877-6333</p> <p>https://www.medstarwashington.org/our-services/mental-health/why-choose-us/</p>	<ul style="list-style-type: none"> Outpatient or Partial Hospitalization Mental Health Facility. Special programs for transition-Age 18-25, Persons with Mental Health and Substance Abuse Disorders, and Mental Health Issues. <p>Language: English, French, Vietnamese</p>	18+	<ul style="list-style-type: none"> Insurance: DC Medicaid, Commercial Insurance, sliding scale rates Referral: Not required Availability: Intake appointments within one week, psychiatry wait is 30-45 days.

PSYCHIATRISTS			
Organization	Services Provided	Ages Served	Insurance, Referral & Availability
<p>Washington School of Psychiatry – Adele Lebowitz Center for Youth and Family</p> <p>5028 Wisconsin Avenue NW Suite 400 WDC 20016 Friendship Heights – Red Line Bus: 30N, 30S, 31, 33, N2</p> <p>P: 202-537-6050 www.wspdc.org</p>	<ul style="list-style-type: none"> Treatment options include psychiatric services, medication management, individual psychotherapy, group therapy, couples therapy, parent counseling, psychoanalysis, and appropriate referrals. <p>Languages: English, Spanish, Portuguese.</p>	3+	<ul style="list-style-type: none"> Insurance: Accepts cash. Considered out-of-network provider as does not directly accept insurance. Offer a sliding fee scale. Referral: Referral not necessary. Availability: Initial intake evaluation availability is Wednesday evenings after 5pm. Later sessions and availability will be determined on case by case basis.