

Community Health Improvement Week

Theme: Community Mental Health and Wellness

June 3 – 7, 2019

Community Health Improvement at Children's National

Children's National Health System Child Health Advocacy Institute (CHAI) is celebrating community health improvement by raising awareness and increasing the understanding of community health improvement activities. This time is an opportunity for Children's National to:

- **RAISE awareness and increase understanding** of the vital role of community health improvement strategies, as complementary to but distinct from individual medical care
- **DEMONSTRATE the value and impact** of community health initiatives, both within the organization and with community stakeholders
- **CELEBRATE community health professionals** in all settings, including hospitals, community health centers, public health agencies and healthy communities coalitions

What is Community Health?

Community health is defined as improving the collective health status of our community. Community health is a multi-sector approach to provide access to preventive health services for all, deliver health education and connect people to resources, and help to ensure the health and safety of the environment in which people live, work and learn. It complements medical care by striving to help people maintain and improve their health every day.

Examples of community health activities include:

- **Promotion** – educational, social and environmental supports to change behaviors
- **Protection** – avoiding unintentional injuries; ensuring air, water and food safety; ensuring availability of healthy foods
- **Services** – care provision with an emphasis on preventive and primary medical care, public health services, and the management of chronic diseases

About the Child Health Advocacy Institute (CHAI)

Improving our patients' health does not stop when a patient leaves the hospital. Strong community programs and child-centered policies are critical to building healthier lives for children. The Child Health Advocacy Institute, through *leadership and collaboration*, advances *policy and systems changes* to achieve *health equity* for all children.

CHAI is made up of the Child Health Data Lab, Community Affairs, Government Affairs and the Municipal & Regional Affairs departments. Learn more about CHAI by visiting, ChildrensNational.org/CHAI.



Community Health Improvement Week: Schedule of Events June 3rd - 7th

MONDAY	10am – 12pm Mini Atrium	Community Health Improvement Celebration Kick-Off Event You will learn how to become involved in community health improvement efforts while participating in fun activities and enjoying light refreshments. In partnership with the Shared Nursing Leadership Council, bring a box of healthy cereal to donate to the Capital Area Food Bank and be entered into a raffle for a prize.
	12pm – 1pm Main Floor 6 Conf. Rm M7607	Enrichment Seminar: Community-Based Research Come join the Center for Translational Research, Health Disparities SIG and the Child Health Advocacy Institute as experts present current community-based research activities and demonstrate the value of partnerships that work to improve community health outcomes and increase community engagement.
	1pm – 2:30pm WW Floor 5 West Conference Rm	Grab A Plate and Advocate: Firearm Injury Prevention SAFER (Safer through Advocacy, Firearm Education and Research), the firearm injury prevention working group at Children’s National, and the DC Chapter of Moms Demand Action will lead a conversation to help equip you with data-driven research to help advocate for the safety of the children we serve. Registration is required: https://is.gd/SAFER_CHAI_EVENT1
TUESDAY	12pm – 1pm WW Floor 5 West Conference Rm	Lecture: Results from the DC Youth Risk Behavior Survey Representatives from the Office of the State Superintendent of Education will present on the results of the DC Youth Risk Behavior Survey during a meeting co-hosted by the Behavioral & Community Research and Health Disparities SIGs.
	5pm – 6:30pm Mini Atrium	Exhibit: PhotoVoice and Networking Reception In partnership with the DC Health Matters Collaborative, join us and learn more about the process in where local youth express their voices, opinions and raise awareness regarding substance use and mental health in their community through photography. Light refreshments will be served.
WEDNESDAY	8am – 9am Main Floor 2 Auditorium	Judy and Peter Kovler Grand Rounds: Collaborative Models to Advance Mental Health in Schools <i>Special Presentation: Community Health Improvement Awards</i> This lecture will discuss how mental health programs and resources are delivered in schools both locally and statewide. A description of the ways pediatric health care systems can collaborate with schools on the provision of direct and referral services will be highlighted. During grand rounds, we will also recognize a staff member or team with the Community Health Improvement Award for their commitment to community health improvement.
	9:30am – 11am Main Floor 5 Research Class A	Roundtable: School Mental Health in Our Community Local experts will share viewpoints from the parent advocate, community mental health provider and legal perspectives on how to enhance mental health supports and services in schools. Participants will have an opportunity to share input on how to improve the current school-based mental health system. Registration is required: https://www.eventbrite.com/e/school-mental-health-roundtable-tickets-60638961767
	12:30pm – 2pm WW Floor 5 West Conference Rm	Beyond Bagels and Pizza: Tips for Hosting Meetings that Serve Healthy Foods Experts will share strategies on how to make healthy food more available, affordable and appealing within and beyond the hospital for our staff and the community meetings. The event will include information on Children’s National’s Healthy Meetings Toolkit that includes resources on ordering healthy foods for meetings, including pre-set healthy menus from Children’s hospital catering and external vendors. A healthy lunch will be provided. Open to all staff, particularly those who order food for meetings and/or other events. Registration: https://www.eventbrite.com/e/beyond-bagels-and-pizza-tips-for-hosting-meetings-that-serve-healthy-foods-tickets-60878387897
	1pm – 3pm Main Floor 2 Bear Institute Vision Center	Government Affairs Council: 2019 Legislative Session Join Children’s National Government Affairs for an in-person discussion about the 2019 Legislative Sessions in Maryland, D.C., and Virginia, as well as a discussion of ongoing federal priorities. This is a great opportunity to close out the past year and begin to weigh in on the work leading up to the critical 2020 legislative sessions. You will experience first-hand how Government Affairs works with members of the hospital community to craft policy and systems change that advance the goal of helping kids grow up stronger. Light refreshments will be served. Registration is required: https://cri-datacap.org/surveys/?s=AC7HHYL894
THURSDAY	8am – 12pm Main Floor 2 Auditorium	Continuing Education Program: Mental Health Care for Transgender Youth This workshop is focused on diversity and pediatric clinical care and will enhance provider knowledge and competence in working with transgender and gender diverse youth, particularly around issues of mental health and social determinants of health. Registration is required: https://cri-datacap.org/surveys/?s=XHTPEMMMFY
	10am – 2pm	A Moving Conversation: Research to Address Community Health Needs in Washington, DC A unique opportunity for open dialogue between community members and medical researchers. During this interactive session, participants will visit local neighborhoods on a guided bus trip to learn first-hand about community characteristics, health needs, barriers, and assets in Washington, DC. If interested, contact: cmerrill@childrensnational.org
FRIDAY	11am – 12pm WW Floor 3.5 Classroom C	Community Engagement and Service Opportunity: Partnering with Martha’s Table Stop by and support Martha’s Table. Staff will be able to participate in a service project that includes food preparation and travel to The Maycroft in Columbia Heights to drop off donations and learn first hand about services that help families in need. Registration is required: https://chacommunityservice.eventbrite.com . Contact: communityaffairs@childrensnational.org for more details.

