

Supporting Your Child's Development

Next Steps & Referral

Why did we have you complete a questionnaire about your child's development?

As a parent, you are the expert on your child. By asking you these questions we can identify areas where your child might need extra support to grow to their fullest potential. We care about your child's growth and development and will follow-up on these referrals at your next visit.

Strong Start

Strong start provides early intervention services for infants and toddlers under the age of three with disabilities and developmental delays.

What to expect if your child was referred to Strong Start:

- Strong Start will contact you and assign you a Service Coordinator.
- The Service Coordinator will inform you of your rights, explain the services and supports of Strong Start. An evaluation will be completed.
- The results from your child's evaluation will determine if your child is eligible to receive early intervention services.

Contact Information

To contact Strong Start, please call 202-727-3665 or email osse.dceip@dc.gov

Early Stages

Early Stages is a DC Public Schools assessment center for children between 2 years and 8 months and 5 years and 10 months.

What to expect if your child was referred to Early Stages:

- All children referred to Early Stages receive a developmental screening.
- If an evaluation is needed, your family will be assigned a Family Care Coordinator, who will walk you through the process and recommended services.

Contact Information

To contact please call The Early Stages Center at 202-698-8037 or email referral@earlystagesdc.org

Medical & Therapy

The following provide special services:

- Speech Language Pathologist:** Assist with communication, feeding and swallowing disorders.
- Audiologist:** Assess hearing and balance concerns.
- Occupational Therapist:** Provide skills needed for playing, school, and daily activities.
- Physical Therapist:** Offer range of movement and physical coordination therapy .
- Developmental Pediatrician:** Specializes in child development areas such as learning delays, feeding problems, behavior concerns, or cognitive skills.
- Behavioral Health Services:** Conduct mental health assessments, individual/family, group therapy, and intervention services . This includes referral for psychology/psychiatry services.
- Follow-up:** Some conditions require more frequent visits with the doctor.

What to expect when referred:

Wait time:

Contact info:

Help Me Grow DC

Help Me Grow connects children at-risk for developmental delays and disabilities with needed services through physician and community outreach, and centralized information and referral centers. These services are free and available for pregnant mothers and families with children ages 0-5.

- Help Me Grow DC will assign a Care Coordinator who will provide contact information and tips on how to connect to services.
- Care Coordinators will, when necessary, provide a developmental/behavioral screening and provide direct referrals when appropriate.

Contact Information

Please call 1-800-MOM-BABY or email helpmegrow.dc@dc.gov

Additional Referrals:

It Takes a Village!

Use this guide to keep track of your child's developmental and health care providers. Share it with those involved in your child's care team. This will help you link your child to the right services.



Child's Name _____

Child's Date of Birth _____

	Name	Contact Information
Pediatrician		
Child development (daycare) center		
Name of Child's insurance <i>Always remember to have your insurance card available</i>		

Topics to discuss with child's provider	Provider's responses
List questions you may have for the provider? 1. 2. 3.	
What concerns do you have about your child?	
What might keep you from getting to appointments?	



After you fill out this guide, take a picture of it on your phone so you always have this information to share with your child's care team!