The DC Collaborative for Mental Health in Pediatric Primary Care’s
Child & Adolescent Mental Health Resource Guide

The DC Collaborative for Mental Health in Pediatric Primary Care aims to improve the integration of mental health in pediatric primary care for children in the District of Columbia. We have a strong commitment to addressing the mental health needs of diverse children, from birth through 20, and their families, through culturally competent, family-focused initiatives. The Collaborative is a multidisciplinary group, comprised of the following lead organizations, and guided by a Community Advisory Board: Children’s Law Center, Children’s National Health System, DC Chapter of the American Academy of Pediatrics, DC Department of Behavioral Health, DC Department of Health, DC Department of Health Care Finance, and Georgetown University.

As part of our work, we have compiled the following mental health resource guide for use by pediatric primary care providers in the Washington, DC area. If you have updates, questions or comments, please contact Penelope Theodorou at ptheodoro2@childrensnational.org or Erica Smith-Grasse at esmithgras@childrensnational.org.
QUICK REFERENCE SHEET FOR REFERRALS

Medicaid MCO/FFS Referral
To locate a network behavioral health care provider, call the following member services numbers:

- **AmeriHealth/Performcare:** 202-408-4720 or 1-800-408-7511
- **Amerigroup:** 1-800-600-4441
- **Trusted/Beacon:** 202-821-1100 or 1-855-326-4831
- **Health Services for Children with Special Needs (HSCSN):** 202-467-2737 or 1-(866)-WE-R-4-KIZ (937-4549)
- **DC FFS Medicaid:** 202-698-2000

Core Service Agency Referral
Provide at least the four core services:

- Diagnostic assessment
- Community support
- Medication management
- Counseling (select CSAs also provide evidence-based practices such as Trauma-Focused CBT and Child Parent Psychotherapy)

After an assessment, generally to continue receiving services at a CSA, the child must have a serious emotional disturbance diagnosis.

To connect a patient with a CSA, call the Access HelpLine at 1-888-793-4357