Behavior and Development (0-5 years): Adapted from the Denver Developmental Screening Test (Denver II)

<table>
<thead>
<tr>
<th>Age</th>
<th>Gross Motor</th>
<th>Fine Motor</th>
<th>Communication</th>
<th>Social</th>
</tr>
</thead>
</table>
| 0-1 month | • Lifts head when prone  
• Equal movements                             | • Lifts head when prone (45 degrees)  
• Rolls front to back  
• Sits head steady  
• Bears weight                      | • Follows object with eye                                  | • Vocalizes  
• Responds to stimuli  
• Smiles spontaneously  
• Looks at face                                      |
| 2 months | • Rolls to sit  
• Raises body when prone  
• Rolls front to back  
• Sits head steady  
• Bears weight                      | • Follows object to midline  
• Grasps objects  
• Brings hands together  
• Follows objects 180 degrees  | • Coos (ooh/ah)  
• Responds to sounds                                      | • Social smiles (spontaneously)                                      |
| 4 months | • Pulls to sit  
• Raises body when prone  
• Rolls front to back  
• Sits head steady  
• Bears weight                      | • Grasps objects  
• Brings hands together  
• Follows objects 180 degrees  | • Laughs/squeals  
• Babbles  
• Turns to voice  
• Imitates sounds                                      | • Regards hands                                      |
| 6 months | • Sits briefly  
• Rolls back to front                      | • Reaches for objects  
• Pincer grasp                                           | • Responds to name  
• Jabbers  
• Dada/Mama (nonspecific)  
• Waves bye-bye                                      | • Feeds self  
• Works for toys                                      |
| 9 months | • Pulls to stand  
• Stands holding on  
• Gets to sitting  | • Pincer grasp                                           | • Dada/Mama (specific)  
• Indicates wants                                      | • Looks at face  
• Peeks if toy                                      |
| 12 months | • Stands alone  
• Begins to walk                                             | • Puts items in cup  
• Pincer grasp                                           | • Plays ball  
• Waves bye-bye                                      | • drinks from cup                                      |
| 15 months | • Walks well  
• Stoops/recoers                                            | • Scribbles  
• Dumps cup                                               | • Uses 2 words  
• Imitates activities  
• Drinks from cup                                      | • Problems play                                      |
| 18 months | • Runs  
• Walks backwards                                          | • Stacks (2 items)  
• Removes clothing  
• Stacks (4-6 objects)  
• Horizontal/circular strokes with crayon  
• Brushes teeth (with help)                          | • 3-6 words  
• Imitates vertical line  
• Stacks (8 items)  
• Washes hands  
• Puts on shirt                                      | • Uses spoon/fork  
• Helps in house                                      |
| 2 years  | • Walks up steps  
• Throws overhand  
• Kicks ball                                               | • Combines words  
• Follows two part commands  
• 20-50+ words  
• Names body parts (6)                                | • Pretend play  
• Parallel play                                      |                                 |
| 3 years  | • Balances each foot for 1 second  
• Broad jump  
• Pedals tricycle                                         | • Speech 3/4 understandable  
• Names 4 pictures  
• Knows 2 adjectives  
• Knows 2 actions                                      | • Names friends                                      |                                 |
| 4 years  | • Hops  
• Balances (2-3 seconds)                                   | • Speech 100% understandable  
• Names 4 colors  
• Knows 3 adjectives  
• Knows 4 actions  
• Understands + prepositions                          | • Plays games with rules                                |                                 |
| 5 years  | • Balances (4-5 seconds)                                     | • Copies square with demo  
• Draws person (6 parts)  
• Brushes teeth (no help)  
• Dresses (no help)                                   | • Counts (5) blocks  
• Knows 2 opposites                                      | • Prepares cereal  
• Follows rules                                     |                                 |